

ALPHA OMEGA REVIEW OF TORONTO ALUMNI CHAPTER, PI CHAPTER | FEBRUARY 2020 VOL. 61. NO.4 WEB SITE: WWW.AOTORONTO.ORG

AO CPR NIGHT



CPR CERTIFICATION AND A REVIEW OF THE NEW RCDSO MINIMAL SEDATION GUIDELINES

Date:

March 23th, 2020

5:30pm (Light dinner at 5:00pm)

Location: Adath Israel 37 Southbourne Ave., Toronto

Fee: \$55.00 per Person for AO Members / Staff Speaker:

Dr. Adam Kaplan Oral/Maxillofacial Surgeon

Speaker: Mr. Josh Van Altenberg Paramedic

Category 2 **4 CREDITS** *CPR (3), Review of new sedation guidelines (1)*

WINTER SEMINAR AND CHARITABLE DRAW DINNER

Friday, February 21, 2020 Beth Emeth Synagogue

LA CONVENTION REPORT • DELICIOUS DISH • ISRAEL INSIGHTS

Steve's Scoop



Time sure does fly and we are now in 2020, the start of a new year and a new decade. I do not know what events will ultimately define this decade, but it's starting with a number of changes for Alpha Omega. More on that later.

The final weeks of 2019 unfortunately saw a significant number of anti-Semitic activities at home and abroad. In late November, our Advocacy Committee in conjunction with B'nai Brith Canada, petitioned the University of Toronto's administration for failing to condemn the Graduate Student Union's remarks about not supporting a Kosher Food access initiative at the University. This was followed by an Executive Council motion that called on our members to support the broader Jewish Community's initiatives to combat anti-Semitism, and all forms of racism and discrimination. There is a reprint of this message in this AORTA with links to a number of the organizations that serve to monitor and respond to anti-Semitism, racism, and discrimination. I encourage you to sign up, receive their alerts, and participate in their petitions.

On December 1st we held our annual Chanukah party. It was an unusually cold and snowy day but we had a record attendance of members, their families and friends, great food, and entertainment. Yasher Koach to program chairs Cindy Greenspoon and Ashley Seetner on a great program!

The Alpha Omega International Convention was held during the last week of December

in Los Angeles, California. I was in attendance along with chapter members Charles Weingarten, Avi Wurman, Sharon Sussman. Paul Chapnick, and Leah Mender. I would like to congratulate Dr. Paul Chapnick on receiving one of Alpha Omega's highest honours, the Ben Williamowsky Meritorious Service Award, and past Toronto Alumni Chapter President, Dr. Steven Millman, who has accepted the position of Canadian Regional Director. One of the themes that emanated from this convention was the need to accept change. A significant change to note was the renaming of our organization the Alpha Omega International Dental Society. The name change was initiated because Alpha Omega Dental students on campus have experienced difficulty being differentiated from social fraternities and as an organization, we are overdue for our name to reflect our gender diverse membership.

Another change is that next year's International Convention will be the final year that conventions will be held in December. Thereafter, conventions will be held in the spring or summer months, opening up the possibility for more northern cities to host. (Hello Toronto?) If you have never attended an AO International Convention, I encourage you to do so. It is a wonderful opportunity to meet with other Alpha Omegans, explore another city, contribute to the direction that our organization will move, and discuss international matters that affect our chapter. I wish newly installed International President, Dr. Alan Moltz and his wife Linda, a successful presidential year and we look forward to their visit to Toronto in September!

One of the highlights of my presidential year so far was having the honour to be the Presiding Officer for the Initiation Ritual at the AO Pi Chapter Formal held on January 11 at the Eglinton West Gallery. To the new members of Pi Chapter, welcome! The Alumni Chapter wishes you great success and we are here to help you along your journey through Dentistry. Congratulations to Pi Chapter Formal Chair, Sharice Molko, and the rest of the committee for organizing this fabulous event!

The winter season is shaping up to be very busy with great AO Toronto programming. Wednesday February 12 is the AO Revival

Authors Series with Author, Ruth Marshall and her book "Walk It Off". Friday February 21, is our 6 RCDSO Core 1 CE Winter Seminar and Charitable Draw. Dr. Aviv Ouanounou will be presenting Pain Management and Analgesics Use in Dentistry: An Overview, and Dr. Adam Kaplan will be presenting Medicine for Dentists, Part 2. On Monday evening March 2, Dr. Geoffrey Duviner will be presenting a Core 2 course titled: To Graft or Not to Graft-Management of the Extraction Socket in Preparation for Implants, and March 23rd, is our annual CPR night. For more information and to sign up for these amazing programs please visit the AO Toronto website at aotoronto.org or contact the Toronto Alpha Omega office.

The coming decade should be very exciting and interesting. For our profession, I predict a decade full of new innovations, and continued refinement of existing materials, procedures, and techniques that will result in more predictable outcomes for our patients. I also predict continued challenges such as changing practice models, rising overheads, increased public scrutiny and regulatory accountability, and the increased influence of social media. I know; however, that Toronto Alpha Omega will continue to work hard to provide great value and ensure we stay ahead of any changes and challenges that come our way.

Wishing everyone the best for 2020!

Stephen Kay president@ao.org

REPRINT OF **E**XECUTIVE **COUNCIL MOTION TO** COMBAT ANTI-SEMITISM

We have all been shocked and angered by the rising tide of anti-Semitic incidents that have become more and more prevalent in Canada and abroad. In addition to the usual actions of vandals, there has been a growing increase in anti-Semitic policies coming from student groups on university campuses, questionable alliances by our political leaders, violent confrontations, and even loss of life as witnessed in New Jersey back in December.

At the December 3rd Executive Council meeting. we reflected on the rise of anti-Semitism in our community, Alpha Omega's roots in combating anti-Semitism, and what we as a chapter can do. We decided through a motion to expand our collective advocacy efforts by formally supporting the broader Jewish community's initiatives to combat anti-Semitism as well as all forms of racism and discrimination. We encourage you to sign up and receive alerts from the following organizations and become active in their programs and petitions to show your support for their efforts in fighting anti-Semitism, racism and discrimination:

- B'nai Brith Canada
- Doctors Against Racism and Antisemitism (DARA)
- The Centre for Israel and Jewish Affairs • (CIJA)
- Friends of Simon Wiesenthal Center
- **UJA** Federation
- Stand with Us



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Our Toronto Alpha Omega Advocacy Committee will continue to monitor and respond to anti-Semitic incidents and policies in particular, at the University of Toronto, where many of us have academic and professional ties and to support our Pi Chapter student group. With a collaborative and collective approach to fighting anti-Semitism, racism, and discrimination, we will prevail and continue to thrive.

Dr. Stephen Kay President Alpha Omega, Toronto Alumni Chapter

Toronto Alumni Chapter of Alpha Omega

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Next Executive Meeting Monday, April 6, 2020

Next AORTA Deadline (April) Monday, March 2, 2020

Notable Achievements

Please inform the AORTA of fraters or members of their families who have achieved success, honours or milestones.

Benevolence

Please call Stan Markin regarding illnesses or deaths of fraters. Office: (416) 497-2122 Home: (416) 789-2067

Associate Placement

Fraters who are interested in having an associate join their practice or who are interested in associating with another dentist (full or part-time) contact Philip Novack Office: (416) 224-2114 Fax: (416) 224-1282

The opinions as expressed by the editors and columnists of the AORTA do not necessarily reflect the views of Toronto Alumni Chapter and/or its executive. All correspondence should be sent to the editor at barryreinblatt@ sympatico.ca

DENTAL VOLUNTEERS FOR ISRAEL

Dentists needed... to treat disadvantaged children in Jerusalem who cannot help themselves.

For information, contact **Les Train** at drtrain@rogers.com, or check our website at canadianfriendsofdvi.org.

RCDSO PET EXAMS

Are you writing the RCDSO Pet exams? Do you want to join others who are writing for a study group?

Email Jackie at info@aotoronto.org and we will put you together.



You are invited to join the Toronto Alpha Omega Fraternity group on Facebook

Do you have a story to tell that other Fraters would love to hear?



Contact the AORTA editor Barry Reinblatt at barryreinblatt@ sympatico.ca with your suggestions!

SPONSORSHIP PROGRAM

If any Alpha Omega member knows of individuals or corporations who may be interested in sponsoring our programs please let me know. This will ensure the quality of our programs and events.

Please email this information to drbgreenbaum@rogers.com. To all committee chairmen, please forward a list of your corporate sponsors. Also please list the contacts and email addresses.

Thank you. Robert Greenbaum

FROM THE EDITOR



I find February to be either a glass half empty or a glass half full kind of month. On the one hand, it is often the bleakest and coldest part of winter, a time when you wonder if it will ever end. On the other hand, March is right around the corner and the Blue Jays are already at spring training. Personally, I can't wait to see the new powder blue uniforms in person so I'm looking at a glass half full!

AO Toronto's glass is always full to the top with upcoming and past events and we highlight a number of these in this issue. You will find reports on the recent AO Revival Cooking Demo evenings, the International Convention, and the Skating and Hockey night. There is also information on the upcoming CPR evening and the 2020 International Convention. There are also articles from our regular contributors. Barry Korzen shares his latest Israel Insights, Stan Kogon tells us all we should know about DIP3, and Steven Brown gives his unique perspective on the world. There is also up to date information on the Holocaust Survivors Oral Health Program as shared by Bonnie Chandler. Please enjoy this issue of the AORTA.





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No refunds will be issued for cancellations made after March 18, 2020

LA CONVENTION REPORT

ALPHA OMEGA INTERNATIONAL CONVENTION REPORT / Avi Wurman

The annual Alpha Omega International Convention was held in Los Angeles, California, from December 26 to December 30, 2019. Most events and business sessions were held at the Century City Intercontinental Hotel, a short drive from Beverly Hills, Santa Monica, and Hollywood. All events including the three dinners were excellent, as was the food and camaraderie. There was plenty of time to explore the city's attractions and discover the natural beauty of Southern California. The city boasts many excellent museums and studio tours that appeal to all age groups. Not to be missed is the Museum of Tolerance, which was within walking distance of the hotel. It is a multimedia museum examining racism and prejudice with a very strong focus on the Holocaust.

The scientific sessions at convention were superb and included world renowned speakers, Dr. Stanley Malamed (Anaesthesia), Dr. Ziv Simon (Implant placement), Dr. Bill Becker (Implants in an aged population), Dr. Marshall Faigin (Esthetic Dentistry), and Keith Drayer (Dental practice accounting).

There were many convention moments that were particularly important to Toronto Alpha Omega. Toronto Alumni Past President, Dr. Carole Gruson, was announced as one of the recipients of the International Certificate of Merit Award for her numerous contributions and dedication to Alpha Omega and the Toronto Jewish Community. Another very deserving recipient of that award was Canadian Regional Director, Dr. Jack Bottner, from London, Ontario. For many years, Jack and his wife, Michelle have been hosting University of Western Ontario students for Shabbat and holiday dinners, helping potential dental students prepare for admission, and hosting Western's Beta Delta Alpha Omega Chapter's annual induction brunch.

I was extremely honoured to be asked to announce the name of the recipient of the renamed Ben Williamowsky Alpha Omega Meritorious Service Award. This award is Alpha Omega's most important award presented to a frater that has not been an International President. This year's recipient was Toronto's own, Dr. Paul Chapnick. Paul, an Oral and Maxillofacial



Jack Bottner receives the International Certificate of Merit from Steve Spitz and Cliff Litvack



Paul Chapnick receives his award from Stephen Kay, Charles Weingarten, Avi Wurman, and Steve Spitz.





Surgeon, has been an Alpha Omegan since 1959. He and his wife, Joyce, have attended numerous international conventions. Paul has served on many AO International committees including the achievement award committee and as assistant editor of the Alpha Omegan. In Toronto, we know Paul as a clinical instructor at U of T's Faculty of Dentistry, and of course as Baycrest's Chief of Dentistry for many years, as well as helping initiate the campaign to build the Alpha Omega Dental Clinic at Baycrest. Paul and Joyce have always supported the two Israeli dental schools and have very recently made a large donation to the Tel Aviv University School of Dental Medicine Oral Surgery Department. Upon receiving the award Paul thanked many Alpha Omegans and in true Paul Chapnick fashion, was humble and generous.

There were a few resolutions passed at the business meetings. The Regency system in the

United States will be reinstated in the hope of improving communications between the smaller chapters and headquarters. Alpha Omega Dental Fraternity will be renamed Alpha Dental Society to be more inclusive and representative of our membership and our professional purpose. The next International Convention will be held from December 25 to 29, 2020 in St. Petersburg, Florida. The 2021 convention will be held in Jerusalem during the spring/summer months. Thereafter, it is very likely that future conventions will be held in the summertime.

Mazel Tov to Dr. Alan Moltz from Chicago who was installed as Alpha Omega's International President for 2020. Dr. Gail Schupak of New York is now the International President-Elect. I would like to congratulate and commend past Toronto Alpha Omega Alumni Chapter President Dr. Steven Millman for accepting the position of Canadian Regional Director on the Alpha Omega International Board of Directors. Steve's leadership and fiscal experience will bring much needed fresh and critical thinking to the Board for the next three years.

It was wonderful to see our Chapter President, Dr. Stephen Kay, his wife, Gina, and their children, Ashley and Justin enjoying Los Angeles and convention. Stephen, along with the other Toronto fraters, Dr.'s Charles Weingarten, Leah Mender, Paul Chapnick, and Sharon Sussman represented Toronto's interests well. We are all looking forward to next year's convention to get together once again with our old and new friends and our Alpha Omega family from across the globe. More information on next year's convention can be found on AO.org and in this edition of the AORTA.





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DIRECTORS REPORT



The international board for Alpha Omega has been busy in recent months. Three important changes have occurred which I will comment on. Firstly, it is important to note that Alpha Omega is the oldest international dental organization, which began in 1907. As of December 2019 though, we are no longer a Fraternity, and now formally the Alpha Omega International Dental SOCIETY. This change

was made to acknowledge the participation of males and females in our organization. Secondly, the concern of effective information flow from the local chapters to the International board and vice versa has lead to the re-establishment of having Regents. These 10 regents will each cover several locations (one for all the provinces in our case), and be a liaison. Dr. Jay Waxman from Montreal is the new Canadian Regent. We will still have 2 Canadian Directors, myself and now Dr. Steven Millman. And thirdly, a vote was taken to make next year's winter convention in St. Petersburg, Florida our last winter convention (after all these years). After St. Petersburg, conventions will be held either in the spring or the summer to allow more flexibility in scheduling, have decreased hotel rates, and increase sponsorship, to name a few reasons. All in all we want Alpha Omega to grow and provide meaning for its members and those it serves. Change is good!

The International Convention in Los Angeles from Dec. 26 to Dec. 30, 2019 was smaller but a definite success. The weather was good, the speakers very interesting (my favorite was Dr. Stanley Malamed on local anesthesia), the food was tasty and the fraternalism and friendship were excellent. Two notable presentations were given by StandWithUs and then the Antidefamation League (ADL), especially pertinent in light of several recent antisemitic attacks. Don't miss out on the last winter convention in St. Petersburg! The plan in the spring or summer of 2021 is to have the convention in Israel, likely in Jerusalem.

Lastly I will briefly mention that I am reaching beyond my role as a Canadian Director. I am attempting to restart a chapter in Las Vegas. The first meeting was held at our place in Las Vegas on January 2nd with 5 interested dentists, and I now have a list of 24 possibles so far. I hope to extend this far beyond that. If you know of any dentists in Las Vegas that might be interested, please let me know (519-686-6200 Bus.#).

All the best!

Jack Bottner

Family Skating and Hockey Night

Family Skating and Hockey Night was held on Saturday January 18, 2020 at the Everest Academy in Thornhill. Attendees battled the weather elements of the day, and arrived to enjoy private use of a rink available exclusively for members of Alpha Omega. We spent time leisure skating and practicing skating and hockey skills followed by a fun game of shinny hockey! We all enjoyed pizza and snacks to close out the evening.

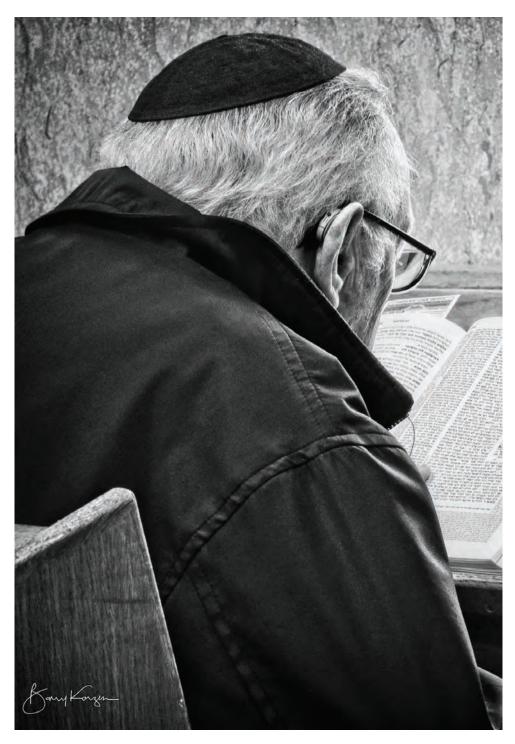




ISRAEL INSIGHTS

His Learning Never Stops

Despite the lack of heat in his synagogue in Jerusalem, this elderly gentleman attends a daily learning session and is usually the first to arrive.



UPCOMING EVENTS

EVENING CONTINUING EDUCATION SEMINAR

Monday, March 2, 2020 Geoffrey Duviner - Oral Surgeon Adath Israel Synagogue 37 Southbourne Avenue

AO CPR NIGHT

Monday, March 23, 2020 Adath Israel Synagogue 37 Southbourne Avenue

ANNUAL BUSINESS MEETING

Monday, May 11, 2020 Bistro Grande

AO 2020 SUNSHINE CITY CONVENTION

F**riday, December 25, 2020 -Tuesday, December 29, 2020** The Vinoy Renaissance *St. Petersburg, Florida*

Mazel Tov

То...

Carole Gruson and **Charles Goldberg** on the recent marriage of their daughter **Hailey**

Just A Reminder...

The Roster is for the exclusive use of the membership of Alpha Omega Fraternity. Anyone found using this directory for solicitation purposes will be prohibited from advertising to Alpha Omega and may be the subject of legal action.

Holocaust Survivors Oral Health Program

The Alpha Omega-Henry Schein Cares Holocaust Survivors Oral Health Program is a public-private partnership established to answer the White House's call to action to help vulnerable survivors age with dignity and support. By increasing Holocaust survivors' access to oral care, the program seeks to significantly enhance their overall quality of life.

The program launched in January 2015 in nine North American cities and has quickly grown to 22 North American cities including 4 Canadian cities (Toronto, Montreal, Calgary & Winnipeg). According to a recent article, there are approximately 17,000 Holocaust survivors living in Canada, about one- quarter live in poverty, including roughly 2,000 in Toronto. Survivors have special oral health needs, as many experienced prolonged nutritional deprivation and received little to no dental care throughout their childhoods, compromising their lifelong oral health. The scope of treatment is wide ranging from restorative, endodontic, periodontal and prosthetic treatment – all free of charge.

This initiative includes laboratory partners such as Orthodent in Oshawa that donates crowns, dentures and other necessary appliances to restore the oral health of survivors as well as other corporations and dental schools.

There are approximately 60 Alpha Omegans participating in the Greater Toronto Area. Survivors are referred to the program through Jewish Family and Child Service who vets the patients according to their needs.

There are lots of volunteer specialists but the program requires more General Dentists practicing in the area north of Sheppard between Yonge and Keele. If you can see one patient per year, that would be a real mitzvah.

Please contact me at: bchandler@smilemail. ca, or 416 927-0088.

Bonnie Chandler

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Holocaust Survivors Oral Health Program

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AO REVIVAL DELICIOUS DISH COOKING CLASSES

Nov 20th and 21st, 2019

Our annual AO Revival Delicious Dish cooking classes were on Wed Nov 20th and Thurs Nov 21st this year. We had 2 nights of sold out delightful classes taught by Carolyn Cohen of Delicious Dish. It was lovely to see some new faces this year as well as the regulars who I know look forward to this event every year. The format of the classes is that Carolyn gives us a menu with 7 recipes including appetizers, mains, sides and a dessert and she teaches us and prepares the meal in front of us. We then sit down and eat what was prepared at a lovely dinner. The event is in Carolyn's home and the warm atmosphere coupled with her infectious energy and passion for what she does makes it one of my favorite AO programs. I always come home with a few new pearls of wisdom about food, food preparation, health or nutrition. Wine is served and we start the evening with an ice breaker of introductions so everyone gets to know everyone else present.

The first night was a meat night and the second night was dairy. The recipes on night one were Fastest Chicken Vegetable Quinoa Soup (this is a recipe that I make all the time and wanted to share with everyone so learned it for a second timeit is so easy and delicious), Brown Rice Sushi Bowl with Sweet and Crispy Salmon, Mushroom and Friends Chicken Scaloppini (yum if you love mushrooms- I will be making this for my family for sure), Millet, Brown Rice Ramen with Tofu "ground beef", Broccoli, Cashews and Chili Oil, Whole Roasted Cauliflower with Tahini and Pomegranate Seeds (a real winner of a recipe, delicious with beautiful presentation), Kale, Nappa, Kohlrabi Salad with Beet Tahini and Coconut Oat Date Squares (I loved these!!).

On night two we started with Red Lentil, Quinoa and White Bean Soup with Seaweed (this was delightful!) then learned Fishawarma, Moroccan Spicy Chraime Fish with Israeli Toscana Spice Mix (soooo good if you like spice), Superfood EverythingBut-The-Bagel Spice Mix and Sweet Potatoes (Carolyn has doctored the Trader Joes's spice mix to make it healthy and it is so yummy on any grilled or baked veggies), Marinated Peppers with Capers, Broiled Feta and Dried Olives (I loved this and will definitely make it), Scorched Tomato Confit with Homemade Zaatar Labneh (who knew how easy it is to make Labneh!) and Apple Crisp Baked Apples for dessert!

Another fun filled delicious evening. If you are thinking of joining us next year please RSVP early to avoid disappointment as these events sell out quickly. The event is only open to AO members, spouses and adult children. Thank you to my committee members Tammy Herzog, Erica Zamon and Michelle Appel for helping to plan this evening.

Respectfully Submitted by Dr.Laurel Linetsky-Fleisher





Fastest Chicken Vegetable Quinoa Soup

If you don't have plans to stay home all day and make your grandmother's chicken soup, this is a delicious and nutritious alternative. The addition of quinoa adds amazing texture and a ton of nutrition. If quinoa is not your thing, boil up some egg noodles on the side and throw them into the soup before serving.

INGREDIENTS

- 5 bone-in chicken thighs, skin and fat removed
- 2 tsp. vegetable oil
- 1 large leek (white and light green parts only), sliced into half moons and washed
- 1 Tbs. tomato paste
- 2 carrots, diced small
- 1 parsnip, diced small
- 2 small celery, diced small
- 4 cups chicken stock, no/low sodium*
- 3 cups water
- 3 tsp. kosher salt
- ¹⁄₃ cup DRY quinoa
- 1 small zucchini, diced small

Serves 8

MAKE AHEAD TIP:

DIRECTIONS

- 1. Pat dry the chicken thighs.
- 2. Heat the oil in a medium size soup pot over med-low heat. When the oil is hot, add the chicken and cover the pot. Cook for 10 minutes, turning once or twice. The object is to steam the chicken not to brown it; you want to get rid of the pink color.
- 3. Stir in the leeks and cover the pot and cook until the leeks begin to soften, about 5 minutes.
- 4. Add the tomato paste, toss and cook for 30 seconds or so. Add the carrots, parsnips, celery and cook until the veggies begin to soften, about 5 minutes. Add the stock, water and salt and bring to a vigorous simmer over high heat. Lower the heat, maintain a gentle simmer and cook uncovered for 45 minutes. The chicken should be very tender and falling off the bone. Remove the chicken and set it aside. Allow the chicken to cool.
- 5. While the chicken is cooling, rinse the quinoa well in a strainer and add the quinoa and the zucchini to the broth and cook for another 20-30 minutes.
- 6. In the meantime remove the chicken meat from the bones (discard the bones), chop it up into bite size pieces and put it back in the pot with the soup (you can put the chicken back into the soup while the quinoa is cooking or after). Season with salt and pepper if needed.

Can be frozen before or after adding the quinoa. If you are making the soup ahead, it is better to freeze it (or refrigerate it) before adding the quinoa. If this is the case, cook the broth (up until the end of step 4), allow the chicken to cool so you can remove it from the bones and chop it, put it back into the soup and freeze (or refrigerate) the soup. Bring it back to a simmer and add the quinoa and zucchini. If you have leftovers, then freeze the whole thing together!

$Marinated \ Peppers \ | \ Capers \ | \ Broiled \ Feta \ | \ Dried \ Olives$

Serve this hot with a good crusty bread or thick pita.

INGREDIENTS

- 4 peppers, assorted colours if possible (not green)
- 1¹/₂ tbsp. red wine vinegar
- 2 tsp. honey
- 2 cloves garlic, minced (I do this on the fine grate microplane)
- 2 Tbs. capers, drained
- Handful or less than ¼ cup black sun dried olives, pitted and roughly chopped, optional
- Handful fresh Italian parsley, chopped finely
 3 tbsp. best quality extra virgin olive oil
- S tosp. best quality extra
 Pinch of kosher salt
- 200 gram/around 7-8 ounces slab of greek or Bulgarian feta
- Drizzle of honey
- A generous amount of freshly ground pepper (medium grind)
- Drizzle of olive oil
- Squeeze of $\frac{1}{2}$ lemon (don't use the whole half)

DIRECTIONS

- 1. Preheat the grill to medium high and place the peppers on the grill, cook until blackened all over, turn them every 5-8 minutes. It will take about 20 minutes total. Place in a glass bowl and cover with plastic wrap.
- 2. When cool enough to handle, peel the peppers and remove the core and seeds, discard the seeds and core. Slice each pepper into about 6 slices. Place back into the bowl with all the liquid from the peppers.
- 3. Mix the red wine vinegar and honey together in a small bowl and pour over the peppers, add the garlic, capers, olives, parsley, olive oil, and salt.
- 4. Place this mixture in a broiler safe dish, one that holds this mixture snugly, I use a 10-inch cast iron pan.
- 5. Place the feta on top of the peppers pressing it into the peppers, drizzle with honey, sprinkle with pepper and drizzle the top of the feta with olive oil.
- 6. Place under the broiler (I use top rack) for 5-6 minutes or until the feta is charred and softened.
- 7. Squeeze lemon over the feta and serve hot with pita or bread.

DIP 1, 2, 3



When chatting with colleagues of my vintage, we often touch upon familiar topics: general agreement that our grandchildren are geniuses; our chronic aches are best ignored; watching CNN, while addictive, was not doing much for our blood pressure. Most of my retired dental friends continue to maintain a keen interest in our profession. They are eager to know: what is new clinically; what changes are happening at the College and what is the current status of dental education? Regarding our professional activities, there are just a few still treating patients, albeit only a few days a week. I am one of a small group of Adjunct Clinical Instructors. I teach radiograph interpretation with 3rd and 4th year students a few mornings a week.

During one of these collegial chats, I was asked if I missed forensic consulting. I admitted that I was still doing field work but was spending more time with cold case investigations i.e. trying to match missing persons with unidentified found remains. A question quickly followed. Have I had any interesting cases lately? Credentialled forensic dentists are reticent to discuss cases and I follow that practice. However, I felt that these retirees might be interested in an application of dental knowledge that was out of the ordinary. I said "Yes, we have had two positive identification cases that are recent and regional, both demonstrate the use of DIP3: one is a homicide still under investigation, so I'll leave that one aside, the second is an interesting missing person case."

"What the heck is DIP3?" was the immediate response.

I was taken aback because I thought that the dental community was aware of this program. It took just a few seconds to realize that my friends knew nothing about DIP (Dental Identification Program), and why should they. So, I said that I would present a brief history of DIP development, and later tell them about the case.

DIP1

After the Woodbridge Air Canada crash in 1970, the London-based investigators (K. Petersen, S. Kogon, M. Nordine), while sharing a beverage with a handful of sharp computer science and chemistry grad students, suggested that there should be a way to improve the efficacy of dental identification in multiple fatality cases and wondered if there was a useful role for computers. Recall that in 1970, there were no monitors, home computers, internet, digital cameras, or scanners, all of which we now take for granted. The grad students had access to a DEC PDP 10, a leading-edge mainframe computer. They could code in Fortran (punch cards) and with access to the mainframe in the wee hours of the morning, were eager to find applications to manage large data bases. They asked - "What do you need?" We suggested that replacing filing cabinets, sorting and archiving of records and producing summary reports would help. For instance - produce a list of all the males or make a list of all the unidentified females. It appeared that this type of sorting and printing of lists was not a problem. Is there something analytical that could be added? The dentists suggested that reducing the number of possible matches by eliminating the impossible ones would be a great place to start. So, we set about formulating a set of rules which could be used to build a software program. Here is one rule; If a missing person has a restoration in a tooth - all bodies that are recovered without a restoration in that tooth can be eliminated. Here is another; If the missing person does not have a restoration in a specific tooth - and considering that tooth only - an identification of the deceased cannot be ruled out regardless of whether the tooth was present, absent or treated. Other rules were added until a basic algorithm was developed. (This algorithm was adopted by the RCMP and formed the basis of the dental subroutine embedded in CPIC, the Canada-wide computer-based

data comparison system). Also, the dental investigators, having knowledge of the quality of the dental records of the victims of the air crash, and so as not to exclude possibilities based on inaccuracy, vagueness or lack of detail in the chart, agreed that only the tooth status; 'present', 'missing', 'treated' and 'unknown', would be used in recording the dental information. The program was successfully tested against the Woodbridge data and became DIP1. It was published in 19741, and later presented at an International Forensic Convention, as the first computerized aid to dental identification for mass fatalities.

DIP2

DIP1 languished for about 20 years and during that time computer technology exploded. Many bug-infested home-made and an expensive USA military computerized aid came on the scene. In 1994, as an academic research project, DIP1 was rewritten to take advantage of significant advances in computer hardware and operating systems. A graphic interface was incorporated over a Windows shell. Input was through a keyboard and dental data was entered on an odontogram. A variety of summary reports were available. Real-time searches against the missing person archive and one-to-one comparisons were possible. The program was marginally portable as it could be executed from a floppy disc. DIP2 was also published2. My co-developer and I were invited to use DIP2 to assist in the identification of victims of the Swiss Air crash in Nova Scotia.

DIP3

After a frustrating experience working with Interpol's PlassData dental identification subroutine, while serving in Thailand to aid in the identification of victims of the 2004 SE Asia Tsunami, I was determined to improve DIP2 and develop a dentist focussed, user friendly computerized aid.

Funds were obtained from UWO School of Dentistry and the Office of the Chief Coroner of Ontario. At about this time, we recognized that the program could be used as an active missing person/found remains comparison tool in addition to its rare use in a mass fatality. In order to take advantage of substantial technical advances, DIP2 was completely

rewritten. The new version allowed for upload of radiographs, documents and pictures as graphic attachments. A weighting component was incorporated in the basic algorithm to yield a Matching Factor. This allowed for search outputs which could be ranked from high to low probability. In addition to the usual search of a single found body against the missing person archive, a selective search was added; e.g. find all the females ages 20-40 who have a restoration in #45 and a missing #26 or find all the bodies with missing #36 and a restoration in #27. The one-to-one comparison was improved with the addition of graphic comparison of radiographs and documents. The program was tested with naïve dental and non-dental users to expose bugs and assess its simplicity, while maintaining the fundamental role of the dentist for oversight of all identification and search decisions.

DIP3W

Around 2007, DIP3 was modified to function as a web-based program. This allowed for operation of the program wherever there is an internet or Wi-Fi connection. It can be accessed from common browsers on both PC and MAC platforms as well as mobile devices. There are no limits to the number of users or the size or number of events.

In January 2019, DIP3W was transferred from its dedicated server to Schulich School of Medicine and Dentistry's virtual server. This host provides a secure and robust platform with improved back-up provisions. DIP3W is in active use in Ontario and receives missing person dental data from many police agencies in Ontario, other provinces, the RCMP and New York State Police Services. The Ontario Forensic Pathology Services provides documentation of found remains. The use of this program as an aid to missing person and cold case investigations has been published3. Currently there are about 200 unidentified remains and about the same number of missing persons in the DIP3W application.

Here is the case I promised.

In the late summer of 2013, the Niagara Regional Police Service recovered a body from the Niagara Gorge. The deceased was a young Caucasian male. There was moderate decomposition, indicating that the death occurred within weeks or not more than a few months before recovery. Since no missing person meeting the physical characteristics of the body was reported in the Niagara region, the remains were transferred to the Ontario Forensic Pathology Service (OFPS) in Toronto for holding and autopsy. In Aug. 2014, a full dental examination that included a photo array, a set of periapical radiographs, an odontogram, a CPIC (Can.) and NCIC (USA) dental input forms were completed. There were no hits from either CPIC or NCIC. In Oct. 2014, the dental records were transmitted for upload to DIP3. A search against the missing person archive in DIP3 was negative. In November 2018, the OFPS forwarded missing person documents they had received from the New York State Park Police who requested that the information be uploaded to DIP3. The documents consisted of a panoramic radiograph, an orthodontic photo array and a NCIC dental data input form. The records were of a young Caucasian man who was last seen in February 2013 in the Niagara Falls USA area. He was about 18 years of age at his last dental examination and about 21 years of age when last seen. The panoramic radiograph revealed that he had impacted third molars and no restorations. The NCIC record indicated that the third molars were missing. A DIP3 search against the unidentified remains archive of either gender, 15-30 years of age, missing third molars and #17, 27, 37, 47 present and unfilled, resulted in one hit. A close examination of the AM panoramic and the PM periapical radiographs showed no discrepancies. The OFPS was notified of the probable match. They chose to obtain a DNA sample from the remains and informed the New York State Police to obtain a sample from the family. Three months later, I was notified that the match was confirmed. The family was informed, and arrangements were made to repatriate the body.

Although this was a positive outcome, the service is also valuable when police are informed that a suspected match is incorrect.

My colleagues thanked me for the history of DIP and the illustrative case and suggested that Ontario dentists should know about the program. Now, at least the readers of Aorta do.

- 1. Kogon, SL, Petersen KB, et al. A Computerized Aid to Dental Identification in Mass Disasters. Forensic Science, Vol 3, pp 151-162, 1974.
- 2. Kogon SL, Chin, EJ, Mass Disaster Dental Identification: An Improved Computerized Aid. Ont. Dentist, Vol 70, pp 27-29, June 1993.
- 3. Kogon SL, Arnold J, Wood R and Merner L. Integrating Dental Data in Missing Persons and Unidentified Remains Investigations. The RESOLVE Initiative and DIP3. Forensic Science International. Vol 197, e31-35, 2010.

Stan Kogon

Welcome to 2020. Not Hindsight - That's Not Till Dec. 31st!

Steven Brown

Why not be random - like usual. So here we go again.

1. Whenever my wife and I go out for dinner, and I order meat, and she orders lobster, and I ask her if I can have some; and she says NO! I say "Don't be so shellfish!" (Pretty good start, huh?)

2. Tell me these aren't the same guys. a) Matthew McConaughey & Woody Harrelson. b) Al Pacino & Robert DiNero. c) Matt Damon & Ben Affleck. b) is for sure. I watched Godfather II and thought one of them was playing two parts, until I watched the credits. I always watch the credits!

3. I want to be on a do not call list. Not the usual one. But from Dentists and Physicians reminding me about my appointment. I have a desk calendar. It stares me in the face... EVERY single day! While I'm at it, let's add everyone else.

4. And another problem when my wife and I go out to dinner. My wife likes middle eastern food. But I like western eastern food. So when we couldn't decide which one to go to, we saw a 'Fine Indian Cuisine' restaurant, but I wanted 'Excellent Indian Cuisine', so we went home and had pizza.

5. You know when you get a brochure (see RCDS), and it says 'This page has been intentionally left blank on purpose'. Can you tell them they made a mistake. IT'S NOT BLANK!

6. I just heard a Barrymore ad on the radio. 'Once in a lifetime offer! 50% off' That might be true, but only if we all die tomorrow.

7. And speaking of Autumn. It's called fall. Probably because of the leaves. So wouldn't it be easier if they all fell on the same day, and you could do them on the same day. But they don't. So those three things you learned in Public School - Man versus Man, Man versus Himself, & Man versus Nature, should have an addendum - Man versus Leaves!

8. I just passed a convenience store at College

and Dovercourt. (You can check) It's called Shorty's Convenience, and I needed something, so I went in. The guy behind the counter was 6'3". Now that's ridiculous.

9. Also, just thinking. Why are UFO's only seen at night. Do you think the aliens really care?

10. And I phoned Rogers to ask a question, and Jason answered and said 'How are you today sir?' So as usual I said 'Best Day Ever! How 'bout you Jason?' Jason said 'Living the dream sir. Living the dream.'

11. There's too much negativity in this world. So I have a suggestion. Instead of the weather 'people' saying there's a 40% chance of rain. Why don't they say - there's a 60% chance of no rain. Be positive!

12. We went to see Anastasia at the Royal Alex, and I guess I got mixed up, because the whole night I was waiting for them to sing 'Ana stasia, Ana stasia, underfed, overworked Anastasia. But they never did.

13. And if you didn't know, and I don't know how you could, because you weren't invited; but we just made two weddings in 49 weeks. So in November when my oldest daughter got married, I took my (future) son-in-law, and Justin the best man, and my son Michael out for breakfast. And as I usually like to do, when we were finished, I made them all lean in, and I whispered 'Anybody got any money?' When we got outside, Justin said to me 'Thanks Doctor Brown for paying for breakfast.' So I said 'Don't worry Justin. Now it's just 62,000 AND 68 dollars.

14. My wife WILL tend to disagree with this, but I like to think my outlook on life is the same as my blood type --- B+.

15. And I think I finally figured out why people with the last name of Ali, don't name there sons Norm.

16. I'm writing this on January tooth, and I've really had enough football. I have an answer though. I think they should play all the College Bowl games between Christmas and New Years on the same field, on the same day, with all the teams from every Bowl Game, and just call it 'The Collage Bowl'.

17. When we were walking into Sonoma one day last week on our holiday, Paula pooped her pants. But because of that, when we got to the airport to come home, they wouldn't let her into the 'Doodee Free.'

18. O.K. So call the RCDS. I don't care. I was doing a crown prep on a patient when a thought popped into my head. You have to think about something when you've been drilling as long as I have.- Rudolph The Red Nosed Reindeer. You have to sing this. "All of the other reindeer, used to laugh and call him names. (SING DAMMIT!) They never let poor Rudolph, play in any reindeer games. (GOOD, you're singing). Then one foggy Christmas Eve, Santa came to say, - Rudolph with you're nose so bright, Won't you guide my sleigh tonight? -Then how the Reindeer loved him." COME ON! If they didn't like him before, now they'll hate him. Now he's Santa's favourite. This is ridiculous. Unbelievable. My patient agreed. She had to. I was still drilling.

19. And healthcare. I have a great idea for the U.S., where making money is what healthcare is all about, and U.S. citizens will believe anything. (See D.T.) I'm building a hospital at this very moment, and when it's finished it's going to be called, now wait for it. It's going to be called 'The Anything Is Possible Hospital!' It'll be so popular, the revolving doors will keep the place air conditioned all year round.

20. After walking ten miles all uphill in SanFrancisco with you know who recently, I wanted to say to Paula 'I'm sorry I made you do this.', but I was so tired, all I could get out was 'I'm sore'.

21. And after going to Alcatraz, we passed a Picture Framing Gallery. So I wondered; Is that where they falsely accuse pictures of something they didn't do, frame them, and then send innocent pictures to Alcatraz?

22. Now the next two are REALLY, REALLY stupid, so don't read them. First - When we went to the States and we went to the Departure Lounge, it got me thinking. When France raised taxes on the rich a number of years ago, and Gerard De-Par-Dieu decided to leave, he really should have changed his name to Gerard De-Par-Chur.

23. I've now seen two miracles in my life. Don't worry about the first one. Ask me if you see me. It's too long to tell here. I was walking in to work one morning at 7 a.m., and what did I see? I saw a cane leaned up against a closed store front. (At 7 in the morning!) And no one on the ground. Now just think for a minute. I wasn't there, but that had to be a miracle.

24. When a patient asks me when they should change their toothbrush, I know how ridiculous that question is, but they obviously don't. I have an answer. I say, - some people brush once a day. Other's brush 3 times a day. Some brush every other day. OYE! Should you all change your toothbrushes every three months? NOOOOOOO! It's when the bristles start to go sideways.

25. And when I'm asked to take a tooth out, I'll always look at the radiograph first, and sometimes if it's appropriate, to assuage their nerves, I'll say - It looks straightforward. But when they inevitably say 'So it'll be easy.' I always interrupt and say, 'Straightforward is before. Easy is only after.' 26. Also, I've now treated a 100 year old, a 102 year old, and a 104 year old. I'm seriously thinking of restricting my practice to patients under 100. Although the 100 year old, who I've seen for a looooong time, was recently in for his checkup, and as he was leaving he said 'See you next year.' That man's my hero.

27. And I'll leave you with two thoughts. The first one's mine. The second one I believe in. Number one - The world's gone crazy. Get used to it. More importantly though - Number two. "NOBLESSE OBLIGE!" You don't have to Google it. I'll tell ya. It's - "the inferred responsibility of privileged people to act with generosity and nobility toward those less privileged." - All our children should want to put that on our stones one day.

And as always, I take my leave as,

Societally Yours, SHB



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Dr. Charlie & Hiala Balaban on the celebration of their children's B'Nai Mitvahs Jill & Michael Shulman

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- Dr. Sheldon Cooper on the loss of his father-in-law Drs. Eddie & Susan Glick

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THURSDAY December 24	FRIDAY December 25	SATURDAY December 26	SUNDAY December 27	MONDAY December 28	TUESDAY December 29
Fraternity BOD Meeting	Convention Registration 8:30AM – 4:30PM	B'nai AO 7:00AM – 9:00AM	B'nai AO 7:00AM – 8:00AM	B'nai AO 7:00AM - 8:00AM	SEE YOU NEXT YEAR
8:00AM – 4:00PM Early Convention Registration	U.S. Foundation Meeting	tion Breakfast DOAM Continuing Education	Opening Business Session 9:00AM – 12:00PM	Continuing Education	Farewell Breakfast
12:00PM – 4:00PM	9:00AM – 11:00AM		Delegates Lunch	Optional Tours	Fraternity BOD
PIP Meeting 1:00PM - 2:00PM First Timers Orientation 2:00PM - 3:00PM Kabbalat Shabbat 5:30PM - 7:00PM Shabbat Dinner 7:00PM - 9:00PM Hospitality		Free Time	Second Business Session	9:00AM – 3:30PM	Meeting 9:00AM – 11:00AM
		Optional Tours Day of Leisure	1:00PM – 5:00PM	Board Photos	STAY ON AT
	Golf Outing	Spouses' Event 12:30PM – 2:30PM	4:00PM – 5:30PM	THE HOTEL	
	5:30PM – 7:00PM	Reception & Dinner Duncan McClellan Gallery 5:30PM – 8:30PM	Student/YP Night Out	Honors Night Reception & Dinner 6:00PM – 10:00PM	IF YOU WISH
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