

# AORTA



ALPHA OMEGA REVIEW OF TORONTO ALUMNI CHAPTER, PI CHAPTER

WEB SITE: WWW.AOTORONTO.ORG

APRIL 2010 VOL. 51, NO.5

## *Toronto Alpha Omega Dental Society receives Award of Distinction from the University of Toronto Faculty of Dentistry*



**Alpha Omegans in Europe... page 10**



Faculty of Dentistry  
University of Toronto

DEVELOPMENT AND CONTINUING DENTAL EDUCATION

Robert H. Carr  
Ass

July 28, 2009

Dr. Sheryl Lipton  
President  
Toronto Alpha Omega Dental Society  
128 Willowdale Ave.  
Toronto, ON  
M2N 4Y2

Dear Dr. Lipton,

It is with greatest pleasure that I am writing to confirm that the Toronto Alpha Omega Dental Society have been nominated to receive an Award of Distinction from the University Of Toronto Faculty of Dentistry and the Dental Alumni Association. These awards are bestowed annually to recognize the commitment to the dental profession, the community and society.

We would like to meet with you at the Awards Gala on Saturday, July 25th, 2009, at the Centre to receive this award on behalf of the Toronto Alpha Omega Dental Society.

Alumni of the Faculty of Dentistry and the Dental Alumni Association.

All proceeds from the Gala will go to the Reserve Fund Report. Our outstanding research initiatives and our commitment to the advancement of future prevention and dental related research.

We would like to meet with you on Saturday, July 25th, 2009, at the Centre to receive this award on behalf of the Toronto Alpha Omega Dental Society.

Shortly after the Gala, we will have a pre-Gala breakfast for Alumni Today and we will have any questions.

The Award of Distinction is a recognition of the evening of both elegance and tradition. The Alpha Omega for its many contributions and so be able to be with us

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# Sheryl's Schmooze

SHERYL LIPTON

"MITN DRINNEN" (in the middle)

Eagerly anticipating the birth of our youngest daughter, Jenna, we naturally assumed that she would be the "missing link" – and have features in between those of her sisters, and hence create that certain "look" that some families have, such as the Kennedy clan. My children were blessed with an abundance of hair: Alanna, the eldest, sported dark, straight hair and Rachel was blonde and curly; and to our eyes, they looked nothing alike. So, when Jenna popped out, initially bald, and ultimately with straight, blonde hair and features resembling her dad, our missing link theory went down the toilet! Three beautiful girls – and they all look different. ("a leben ahf dein kop.")

As I sit at the precipice of my year, I ponder what has transpired and what is yet to come. Our continuing education lectures – with our evening series at the Adath Israel, the Fall Seminar held this year in beautiful, downtown Richmond Hill at Terra, and, most recently, the Half Day Seminar featuring a "wellness for you and your patients" theme have been instructive and relevant to your day-to-day practices. Our "wellness" speakers included **Dr. Ramzi Hadad** (The Dental Spa), **Dr. Sara Solomon** (dental ergonomics), and **Dr. Suzanne Perschbacher** (dental radiology) and as we exited the lecture theatre, backs straight and stomachs tucked in (thanks, Sara!), we proceeded to indulge in deep-fried hors d'oeuvres, and a scrumptious dinner following, courtesy of the renewed and beautifully refurbished Beth Torah synagogue. Thank you so much to the speakers, sponsors, and chair-people, **Drs. Eddie Glick** and **Sharon Perlmutter**, for an outstanding afternoon and evening. The dinner speakers included psychologist **Dr. Jack Kugelmass**, who spoke on techniques for dealing with difficult patients, and **Dr. Michael Bloom**, president of DARA (Doctors Against Racism and Anti-semitism), who updated us on the activities of this most worthwhile organization which I hope that you have all now joined (it's gratis!).



Emergencies in the dental office was a formidable opponent to the Canada/Russia Olympic hockey game on February 24th as oral surgeon **Dr. Robert Barron** and Heaven-Can-Wait president, **Mr. David Goodman** presented an

interactive review of the diagnosis and treatment of medical emergencies. We tested our knowledge of oral pathology on March 15th as oral pathologist, **Dr. Riva Black**, presented "lesions in the mouth". We have tried to stagger the series to different weeknights to accommodate those fraters who work on certain evenings and I hope that you have enjoyed the new format. Our final evening continuing education seminar on Thursday May 6th, will feature the multi-talented, legacy member, **Dr. Brian Laski** speaking on root resorption.

Our "eyes were wide open" at the Village shul for the Family Issues (a.k.a. Women's Issues) lecture as **Mr. Andrew Galloway** chronicled his harrowing descent into drug addiction and his ultimate recovery. Fraters, guests and teenagers were invited to hear and learn from Andrew's mesmerizing story and a big thank you goes to **Dr. Laurel Linetsky** for the inception and execution of this excellent program.

As I reflect upon my career, and on Alpha Omega, I remember fraternity members who went out of their way to help their fellow students. The year was 1979, second year dental school. The class was large – 128 students. When the final report cards were issued – 30 students failed operative and crown and bridge and would need to do a "sup" (supplementary). We gathered outside of lab 51, and we were in shock when we realized that every single one of the failing students was Jewish. This was not a minyan. How could this be? I'm not a statistician, but the probability of such an occurrence seemed highly unlikely, if not impossible. How fortuitous that membership in Alpha Omega brought help

*Continued on page 4*

# AORTA



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*The opinions as expressed by the editors and columnists of the AORTA do not necessarily reflect the views of Toronto Alumni Chapter and/or its executive. All correspondence should be sent to the Editor c/o Alpha Omega, Toronto.*

**NEXT EXECUTIVE MEETING**

Monday, April 12, 2010

**NEXT AORTA DEADLINE (JUNE)**

Monday, May 3, 2010

**NOTABLE ACHIEVEMENTS**

*Please inform the AORTA of fraters or members of their families who have achieved success, honours or milestones.*

**BENEVOLENCE**

*Please call Samuel Newman regarding illnesses or deaths of fraters.*

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# Sheryl's Schmooze

Continued from page 3

to me in the form of two angels – **Drs. Howard Rosen** and **Phil Novack**, who offered their tutorage and encouragement. I will be forever indebted to these two gentlemen who exemplified what it is to be an Alpha Omegan.

Alpha Omega was founded because of quotas and discrimination in dental schools. Our North American world has evolved into a multi-cultural community, which is reflected on our university campuses. Our own Faculty of Dentistry, University of Toronto, has a Jewish Dean, **Dr. David Mock**, and many Jewish professors and assistant professors.

The highlight of my year as president of the Toronto Alpha Omega Dental Society was bestowed upon the fraternity as we were honoured by the Faculty of Dentistry, University of Toronto, as we received the Alumni of Distinction Award on March 27 at the Toronto Marriott Downtown Eaton Centre. This award commemorates the achievements of the many men and women of our chapter, who have contributed so much to the Faculty through their research, teaching, and philanthropic endeavours. Our many fraters in attendance at the spectacular gala were “kvelling” as all three Alumni of Distinction award winners were alpha omegans, namely **Drs. Howard Tenenbaum** and **Aldo Boccia**, along with Toronto AO. In particular, those who remember the “old days” at the Faculty cannot help but marvel at how far we have come. Thank you to all who supported this important event, to fellow recipients **Drs. Tenenbaum** and **Boccia**, and to all of you in the fraternity a great, big “yasher koach” for all that you do.

“Mittn drinnen”. I wish that I was still “in the middle”, but alas when I turned forty, oh so many years ago, I was labeled as “middle aged”. So, where am I now? An AK!! But, for a moment, let's pretend that I really am in the middle, and the “missing link” that I was so much looking for in my daughter! I have tried to be the “link” between our younger members and our more senior fraters. (Hence the

yiddishkeit, if you haven't noticed!) The inaugural meeting of the mentorship committee was on February 3 as mentors and mentees fressed on Mexican munchies and got to know a bit about one another. My hope is that this program will grow and flourish and provide our young dentists with two sides of our triangle, namely fraternalism and professionalism. Now back to “my people” – the AKs!! The Zoomers committee is pleased to present Tax Attorney, **Mr. Lorne Cohn** of CIBC Wood Gundy, discuss “What's the Magic Number? How much do I need to retire?” Mr. Cohn is most graciously hosting our fraternity members and guests on April 21st at a complimentary dinner at McLean House, Sunnybrook Estates, with a \$5 per person charge to be donated to the Dental School at the Hebrew University of Jerusalem. Please be sure to attend this event if you ever plan on retiring!

Our annual Business Meeting will be held at 398 West (formerly Gladstones), an upscale KOSHER meat restaurant, on Monday April 12th. Please be sure to come out and support your fraternity and enjoy a delicious meal!

Speaking of food, why not start your diet on Monday, after our annual Sunday breakfast and Speaker meeting on Sunday May 16th at Beth Torah? Chairman **Dr. Sam Newman** has lined up **Dr. Andrea Most** speaking on “Life Upon the Wicked

Stage”, Jews and Popular Entertainment in America. Please be sure to join us for this informative morning lecture.

Alpha Omega performs its annual mitzvah by manning a checkpoint in the UJA Walk for Israel on Sunday, May 30th. Come out and help us meet and greet the throngs of walkers. It's a fun morning and you will walk away with a smile on your face.

Watch for our family event on Sunday, June 13th as we plan something new, exciting and fun for the young and young at heart in your family. And, stayed tuned for our annual Sailing Day at the IYC – the best day of the year for those who attend!

I suppose when it comes to Yiddish, I am also “mittn drinnen”! My kids speak virtually no yiddish, my parents were fluent but only spoke Yiddish when they didn't want us to understand what they were saying, and I, as you have seen, am in the middle! To all of you who pointed out my mea culpa in the last AORTA – thank you so much. How could I mix up a “ferde” (horse) and a “chazer?” (pig)?? Oy – shandeh un a charpeh. I'll try to do better next time!

Wishing you and your family a chag sameach v'kasher.

Ze! Gezunt.

**Dr Sheryl P. Lipton**  
drsheryl@sympatico.ca

Toronto Alpha Omega is pleased to announce a NEW ONLINE PURCHASE PROGRAM for office supplies from OnlineOfficeSupplies.ca. These items may be ordered by any of our fraters in good standing on an ongoing basis.

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**Warren Sone**, Purchase Program Chairman

# From the Editor

BARRY REINBLATT

This issue should arrive in your mailbox either during Passover, or shortly thereafter. I just hope the contents go down a little easier than a box of matzo! Hopefully, everyone survived all the fressing that goes along with this holiday, and is ready to enjoy this issue while sitting quietly and digesting.



We have a lot of material for you to digest as well. We start off with President **Sheryl** extolling the virtues of being "in the middle". **David Burstein** enlightens us on conversational ideas and his view on them. We also get a peek inside the mind of **Marv Mecklinger**, and get to enjoy his particularly humorous viewpoint.

We also get to learn a lot about what Alpha Omega has been up to over the last couple of months. There are reports from many of the functions that have taken

place. Please check them out if you were there to remind you about what occurred, or if you weren't there, to see what you missed. There is also information about many of the upcoming programs so you can find those that appeal to you and make plans to attend.

Finally, we get an insight in this issue into the philanthropic part of our organization. There is a report from the Reserve Fund Board of Trustees with the details of the charitable contributions Alpha Omega has made this past year. There is also a letter from Dean **Adam Stabholz** from Hebrew University-Hadassah School of Dental Medicine in Jerusalem listing the chapters (including Toronto Alumni) that have contributed to the new conference room at the school and their appreciation for this.

Perhaps most notable in this issue is our cover detailing the Award of Distinction recently bestowed upon Alpha Omega by the University of Toronto Faculty of Dentistry. This is an achievement of which we all should be extremely proud. Mazel Tov to us!

## CLASS OF 6T0 - 50TH REUNION – MAY, 2010

Date: Thursday, May 13, 2010

Time: 6:30 p.m.

Place: Faculty Club, 41 Willcocks St.,  
*(between College and Harbord between Spadina and St. George)*

Cost: TBA

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# Ideas that Have Stuck

DR. H. DAVID BURSTEIN

Several years ago I attended a lecture by Jewish educator **Elliott Malamet**. He stated that one of his favourite words was “disillusioned”. He loved it because it meant that a person became aware that a perception had been an illusion. There may be a sense of disappointment in being disillusioned, but now there is a truer sense of reality.

One of the disillusiones of my youth was that I used to think that all adults were sophisticated and wise. As an adult, I know we are not.

I would hear about cocktail and dinner parties and imagine the conversation would centre on philosophy and the great issues of the day.

Parties are great. Celebrating life, good food, and schmoozing with friends and family are vital for our happiness. They also present a chance to get away from the kids. (YES)

At parties, there is a lot of small talk.

But there is a limit to the small talk. It does not add depth and meaning to our lives.

We all have different levels of friendships and intimacies. My inner circle has gotten smaller. When I talk or go out with my other circles I do not expect deep personal stuff. I generally do not leave myself vulnerable. Often the quality of conversation goes down as the number of people goes up. That being said, if we do not let others into our core layers, we are shutting out an opportunity for growth.

Imagine being at a dinner party, at a circular table of ten people, some of who are strangers. Aside from the needed small talk to serve as an icebreaker, what would you want the conversation to be like? You want to come away from the evening and say that you found the people decent, insightful, had a sense of humour, their ideas thought provoking, and you look forward to having a conversation with them in the future. Did the evening energize you because it reconfirmed the quality of the people you have in your life and maybe added a few more?

Conversely, if you were to speak negatively about the time, some of the

comments would sound something like “So-and-so had nothing to say.” Or “He/she only talks about themselves or stuff.”

**Michael McGee** once commented “Conversation is my university”. Or as Mark Twain once quipped “I did not want my schooling to get in the way of my education.”

It has been said that since we have two ears and one mouth that should be the ratio of how we use them. When having conversations instead of waiting for a chance to speak, focus on listening to what others are saying and then ask them follow-up questions.

In commenting about sophistication, other than what we do for a living, how well rounded are any of us? I know a lot of dentistry. Yet I am acutely aware of how much I do not know in my chosen profession. So what about the rest of life? What are the things we think about when we are not focused on work or children? Why do these ideas/hobbies interest us? My levels of understanding are basic, but there have been insights and ideas into various aspects of life, that do provide the paradigms for my understanding of it. I know they indirectly reflect who I am.

If my wife **Lesley** and I were to ever be invited to a party (this is what happens when you have three kids under five) and the conversation would turn to reveal ideas that animate us, these are some of the ideas I’d bring to the table. After reading them, I may have disqualified myself from a lot of social gatherings, but I’ll take my chances.

The most important four word question: “What do you think?”

To quote a source brings redemption to the world. (Talmud)

We have a moral obligation to be as happy as possible. (Dennis Prager)

Gratitude is indispensable in order to become happy. (Prager)

Happiness is to be pursued but ultimately it is a bi-product of how we are living our life. (Prager)

We have to learn to compartmentalize our unhappiness. (Prager)

Men love with their eyes. Women love with their ears. (Zsa Zsa Gabor)

One of the problems with mental illness is that it prevents people from using their free will.

Our biggest battle in life is with ourselves. That which got you where you are today is not good enough to keep you there. (Bob Levoy)

The brilliance of trial and error is greater than the genius of the original idea.

Life is Difficult. (Scott Peck “The Road Less Traveled”)

Interdependence is a higher quality than independence. (Stephen Covey “The 7 Habits of Highly Effective People”)

Alexis de Tocqueville in his book “Democracy in America” made the point that if you are going to have a society that gives so many rights and freedoms to the individual, the individual needs a religious consciousness to balance it.

So much of the differences between men and women originate in the difference in the sex act. For men it is a movement out of the body, for women it is taking in. Men seek the truth outside of themselves, women believe in the truth from within.

In raising children there are many battles against parents: insatiability, distraction and temptation. All one needs to see that the world looks at our children as consumers is to notice at whose eye level cupcakes are displayed in bakeries.

Men are physically insatiable, women are emotionally insatiable. While men have to be socialized to attenuate and refocus their more aggressive sides of their physical nature, are there any demands on women to attenuate their emotions. (Prager)

Men are focused on single things, women are multitaskers.

I do not condone either of these scenarios, but which is worse:

1) What would bother a woman more: to find out that once every five years her husband had a one night stand but otherwise was completely communicative, or to have a husband who was completely loyal sexually, but every two weeks had an intimate lunch with a female friend?

2) What would bother a woman more: To find out that her husband was having an affair, or to find out that the lifestyle that her husband had established for the couple was based on the fact that he had been embezzling people?

3) How would the husband react to the previous scenarios if he found out his wife was involved in such behaviour?

The most important institution in the United States is the individual.

“The critical test of democracy is its ability to free human energies and intellect on the frontiers of human accomplishment.”

(George Gilder “The Israel Test”)

“The bigger the government, the smaller the individual.” (Prager)

“There are two types of men: protectors and predators.” (James Stenson). I add “and parasites.”

Stenson also commented that we are not raising children, we are raising adults. Have the big picture of what type of person you want your child to be when they are 30 years old.

New York Times columnist Thomas Friedman commented that one of the components of Western society that Islamists have eroded is trust. You need trust in order to function efficiently. But when you cannot even get into an airplane without thinking that someone else may want to blow it up, you have a sense that our civilization is being undermined.

BTW have you ever thought of the economic ramifications of the need for enhanced airport security?

Ruth Wisse expresses a concern that many Jews live by a Holocaust Theology. She states that Judaism would not have survived if it focused on the condition of being slaves. While we are to remember that we were slaves, it is what came after leaving slavery that counts. The current greatness that Judaism, Israel, and the Jewish people has accomplished in the last sixty years is to be celebrated. Victim status and mourning because the Nazis were murderers cannot overwhelm us.

Finally, when you have a chance to get out of the house, go. Collateral living will occur.

Thanks for reading this article. All feedback is welcome at [hdburstein@rogers.com](mailto:hdburstein@rogers.com)



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# A Slice of Pi... An Evening with the Raps

DANIEL SCHWARTZBERG, Pi Chapter President

On February 3, the Pi Chapter along with the Big Sibling Committee organized a night out at the Raptor's game! AO members from all four years, along with several alumni and guests attended the event. The evening began with a delicious Tov-li dinner at the Faculty with some fun games including sports trivia and a dunking contest. From there, we made our way by foot or TTC to the Air Canada Centre, where we enjoyed a high intensity game of basketball. Although the game was amazing, everyone's highlight seemed to be the half-time show which featured the amazing Vanilla Ice. The entire area was on their feet singing "Ice ice baby!" All in all, this event was a huge success! I would like to give a big thanks to the Big Sibling Committee Chair, **Brian Lasky**, for all his hard work in organizing this outing. We look forward to the next event!



Emily Singer, Brian Lasky, Michael Landsberg



AO members enjoying a delicious Tov-li dinner



Sean Prusky and Nadia Garcia

## SHEP NACHAS

Irwin and Clara Rose would like to welcome into the family their granddaughter Izzie, daughter of Oren and Randi Zusman, sister for Zoe.

Proud grandparents Mina and Jack Zusman, and great grandmother Rose Rose. Mazel Tov to all.

Mazel Tov to Jeffrey Kirshenbaum on the recent birth of his granddaughter.

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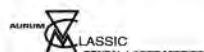
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Toronto Alpha Omega Dental Society

ZOOMERS COMMITTEE

**"WHAT'S THE MAGIC NUMBER?"**

(HOW MUCH DO I NEED TO RETIRE)

**Thursday, April 21, 2010**

McLean House –  
Estates of Sunnybrook

**Dinner 6:30 p.m.**

**Lorne Cohn LL.B., M.B.A.**

Vice President, Investment  
Advisor, CIBC Wood Gundy

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## UPCOMING EVENTS

### CONTINUING EDUCATION

Thursday May 6, 2010  
Dr. Brian Laski speaking on root resorption. Adath Israel Synagogue

### EXECUTIVE MEETING

Monday April 12, 2010  
(with Annual Business Meeting)

### ANNUAL BUSINESS MEETING

Monday April 12, 2010  
398 West Restaurant.

### ZOOMERS COMMITTEE

Thursday April 21, 2010  
"What's the Magic Number" (How much do I need to retire). Dinner and Presentation – Mr. Lorne Cohn.  
McLean House – Estates of Sunnybrook

### AO REVIVAL SPIN CLASS EXPERIENCE

Wednesday May 12, 2010  
7:45 p.m. Track Fitness

### SUNDAY MORNING BREAKFAST AND SPEAKER

Sunday May 16, 2010  
Life Upon The Wicked Stage – Jews and Popular Entertainment in America.  
Dr. Andrea Most. Beth Torah Synagogue

### INTERNATIONAL CONVENTION

December 25, 2010 - January 1, 2011  
Hyatt Regency Mission Bay Spa and Marina. San Diego, California.

### AO WEBCASTS

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# Alpha Omegans in Europe and Steamboat Gone Wild

With Pesach now upon us (or over as this edition of the AORTA is published), the end of the ski season looms near. It is a sad time for me as I sit at my desk, stare out the window of my home office and watch the last remnants of the snow disappear from my front lawn. I still check the web sites of Vail and Whistler daily for their closing dates as I dream of a few more runs on the white stuff. As most of you may be contemplating golf courses, boats and cottages, I am already thinking of next year and the ski hills left to conquer. Skiing is my addiction and Alpha Omega Western and European Seminars are my fix.

Every year these trips have left me with great memories. This past year however was special for many reasons: We had many new participants (**Ron Barzilay, Samara Walman, Matthew Cohen\*, Robert Cohen, Jeff Shlanger, Robert\* & Kailee Smoskowitz\*, Steven & Deborah Weiner, Earl Rumm, Dawn Librach\*, Aron\*, Jason\* and Bryan Levy\***) and some that returned after a brief hiatus (**Terry Walman, Matthew Librach\*, Bailey\* and Gilian Horenfeldt\*, Yoel Abells**). The trip to Steamboat included many young adults on reading week and family weekend (\*). The snow conditions were, bar none, the best we have ever had on an AO ski trip. Powder, Powder, Powder!!!! The temperatures were perfect. We got to show Canadian pride to the Americans every chance we got as the Olympics were played out on big screens around town (Our rendition of Oh Canada as **Alexandre Bilodeau** was presented the first Gold Medal on Canadian soil by a Canadian, should be forgotten but won't be by the Americans who were in attendance.) The trip to Zermatt and Cervinia included some of the longest runs I have ever had the privilege to ride. (By the way, the European ski areas make Whistler and Vail look like Horseshoe Valley in size.) The views were spectacular. We stayed at the foot of the Matterhorn otherwise known as the "Mattersplatt" where many climbers have lost their lives. The lifts, trams and gondolas put ours to shame. Let's not forget the ski train in Zermatt. The food was amazing. Those of you who have not experienced lunch on the



hills of Europe have not lived yet. In Europe, it's all about the day not the number of runs you did.

Rome is Rome... What can I say? Via Condotti for shopping especially in late January when the country of Italy

mandates the sale period cannot be beaten. The ruins, the Vatican, the Coliseum, the Trevi Fountain, the Spanish Steps... need I say more. I have been there three times and it still blows me away.

Well, that's it. I have nothing else to say. I will leave the rest to your imagination. Better yet, join us next year as we search out snow, sun, culture, culinary delights, bargains and, oh yes, some of the best skiing in the world.

Special thanks to our committee... **Rick Horenfeldt, Jeff Mandel, Mikey Weinberg** and of course "me".

**Mark Librach**

P.S. It's snowing in Argentina!!!!

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# Reserve Fund Report

The Toronto Alumni Chapter Reserve Fund Board of Trustees met on February 8 to allocate funds to those charities which have requested donations.

In attendance were President, **Sheryl Lipton**, Treasurer, **Elliott Weidman**, Past-President, **Lorne Chapnick**, member-at-large, **Bonnie Chandler** and myself, Past President and Chairman, **Richard Rodney**. It was noted that available funds have been shrinking during the past few years, primarily due to decreased raffle ticket sales and decreased Entertainment book sales. The committee recommends that the line officers discuss other means of raising funds in order to maintain our chapter's level of tzedakah.

All told there was \$17,166 available for disbursement plus \$5,178 carried over from previous years. In addition, the chapter placed an additional \$5,000 into

the fund to make the 3rd instalment of our \$20,000 pledge to Hebrew University.

There were thirteen requests for funds all of which were deemed worthy charities. However, since these funds are distributed through the AO Foundation of Canada, our mandate is to donate to those charities specifying dental related use of any funds which they may receive. Those charities which did not specify this in their request will be asked to do so if they wish to apply in the future.

Even so, since the committee agreed that DVI should remain as our major project, this did not leave a significant sum for the remaining requests and we regret that some worthwhile causes were not funded. Hopefully, in future, we will have more funds to distribute and this will not be a problem.

Accordingly, the Board would like to place

before you the following motion: "That Toronto Alumni Chapter donate to the following organizations the funds as listed below"

DVI	\$11,000
Hebrew U - Dental School	\$5,000
AO/Jewish Family & Child Services	\$3,000
Shoval	\$1,000
Lifeline for Old Jerusalem	\$750
Mt. Sinai Special Needs	\$500
Beit Issie Shapiro	\$500
Zareinu	\$500
One Family Fund	\$250
<b>The total being</b>	<b>\$22,500</b>

Therefore we will require that \$334 be utilized from the term deposit of funds carried forward from previous years.

A letter has been drawn up to be sent to all of the organizations who submitted, specifying that, in future, all requests must be received prior to December 31 of the current year and said request must indicate the dental use these funds will be used for.

I would like to thank my committee for the time and effort which they have devoted to this extremely important project of our fraternity – namely that of tzedakah.

**Rick Rodney**, Chair,  
Reserve Fund Board of Trustees

*Re: Requests for Funds for 2011 from the Toronto Alumni Chapter Charitable Reserve Fund... All requests must be received prior to December 31, 2010 indicating clearly what dentally related projects they would like us to support.*

## Annual Breakfast and Speaker Program

Sunday, May 16, 2010 Beth Torah Synagogue  
47 Glenbrook Avenue Toronto

### DR. ANDREA MOST

*"Life Upon The Wicked Stage: Jews and Popular Entertainment in America"*

Why are Jews so deeply involved in theatre and other forms of popular entertainment? In an entertaining lecture, illustrated by music and video clips, Professor Most will explore the relationship between Judaism and Theatricality in modern America.

Dr. Most is an Associate Professor of American Literature and Jewish Studies in The Department of English at The University of Toronto.

Dr. Most's book, "Making Americans: Jews and the Broadway Musical" (Harvard University press, 2004) won the 2005 Kurt Weill Prize for Distinguished Scholarship on Music Theatre. Her new project is "Theatrical Liberalism" a book length study on Jewish self-representation in America.

Professor Most received her B.A. from Yale University and her M.A. and PhD degrees from Brandeis University.

Please join us for the morning prayer service before breakfast.

MINYAN 8:30 A.M.  
BREAKFAST AND SPEAKER 9:30 A.M.

There will be no charge for AO Alumni Chapter, or PI Chapter members. Fee for spouses and guests is \$25. PLEASE RESPOND BEFORE FRIDAY, MAY 7th



### SPONSORSHIP PROGRAM

*If any Alpha Omega member knows of individuals or corporations who may be interested in sponsoring our programs please let me know. This will ensure the quality of our programs and events. Please email this information to eddieglick@rogers.com. To all committee chairmen, please forward a list of your corporate sponsors. Also please list the contacts and email addresses.  
Thank you in advance. Eddie Glick*



## AO REVIVAL PRESENTS... AN AWESOME SPIN CLASS EXPERIENCE!

- WHAT:** SPIN CLASS AND HEALTHY SNACK/SCMOOZE SESSION TO FOLLOW  
*Spin Instructor - Alison Beder Solway - savvy, music inspired indoor cycling enthusiast*
- WHEN:** Wednesday, May 12th, 2010  
7:45pm (Come for 7:30pm) - 1 hour spin class
- WHERE:** TRACK Fitness ([www.trackfitness.com](http://www.trackfitness.com))  
417 Spadina Road, Suite 301, Forest Hill Village
- WHY:** Great people, Great workout,  
Great music and Great fun!!
- WHO:** AO Members and Spouses  
(Beginners - Advanced Cyclists)
- COST:** \$10.00/person

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\_\_\_\_\_ Total Number of Tickets

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Jewish National Fund of Toronto has had a long and productive relationship with the Toronto Alumni Chapter of Alpha Omega Fraternity. Members of Alpha Omega have been very generous in assisting with the work of JNF in helping to build a strong, beautiful, peaceful and environmentally friendly Israel.

When calling the JNF office to plant trees, please mention that you are a member of Alpha Omega. JNF will credit Alpha Omega's project, taken out in 1999. This project was established to develop a partnership in a very special forest known as the "Jubilee Forest" at Yatir, located between Beersheba and Arad. The Jubilee Forest marks and celebrates the very special occasion of Israel's 50th birthday.

We are pleased to advise you that if you are planning to visit Israel, we can make the necessary arrangements for tree planting. It is a very moving experience to place a sapling in the soil of Israel and all it takes is a phone call to our office at 416-638-7200 to make arrangements. Tax receipts will be issued for the amount of the donation.

The support of the membership of Alpha Omega is truly appreciated and we look forward to working with your fraternity for many years to come in our joint desire to ensure a stronger, greener Israel.

**Tel: 416-638-7200 • Fax: 416-638-7345**  
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# Family Skating and Hockey Night

AO's annual Family Skate and Hockey Night took place on January 16, 2010 at The Pavillion in Thornhill. 93 fraters and their families participated in this event. After skating and hockey, all attendees enjoyed kosher pizza, snacks and refreshments. This is a great family event for children, teens, parents and grandparents. Don't miss it next year!

Thank-you to my committee for their help; **Yoav Finer, Joel Kula** and **Andrew Kay**. Also, thank you to Jackie for all of her assistance to make this program a success.

**Stephen Kay**  
Committee Chair 2010



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- Dr. Ron Kellen

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# Director's Report

LARRY ROTMAN

It has been an interesting first two months as the new Canadian Director on the International Board for Alpha Omega. I appreciate the assistance that I receive from my predecessor, **Avi Wurman**, who is still on the International Board as the current Convention Representative.

The first order of business for the International Board has been to establish better communication between the board, the various chapters and the individual members. We have hired a new management company to assist us with this issue.

As a volunteer organization, with the board members scattered around the world, we need to rely on our hired executive secretary to do the clerical work. Unfortunately, the job of maintaining and updating the database of the fraternity has not been performed adequately by our previous management companies, but efforts to improve are ongoing.

In our attempt to reach out and be responsive to the members, we have improved the fraternity's website, [www.ao.org](http://www.ao.org). The website will provide programming information from the various chapters so that these programs could be available to anyone who happened to be visiting a different city. The website will also have a link to International President **Charlene Berkman's** blog. Charlene is making weekly entries to update members on several issues that she is involved with. The website also has all the current information regarding the international convention in San Diego in December, including on-line registration.

We have initiated other methods of communication as well.

The fraternity will have a facebook page, and there is now a forum available that can be reached at [ao-exchange@googlegroups.com](mailto:ao-exchange@googlegroups.com). I would

encourage our members to join as it is a great way to get to know Alpha Omegans all over the world.



Discussions over the past few weeks have covered a huge diversity of topics.

There have been dental topics like the best material for restoring the "abfraction" lesion, the best material for cold testing the dental pulp and a discussion about lasers. Yeah.

There have been discussions on topics of political interest and some good natured kibbutzing over hockey supremacy at the recently concluded Olympics. We all know how that ended. Yeah eh!!!

As my next job as a member of the board, I am on my way to Japan and Hong Kong to look for prospective members to start new chapters – at least that's what I'm telling the guy from Revenue Canada.

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## WHERE'S THE GEFILTE FISH?

DAYLE LEVY

It's Passover 2009 and my 20 guests for the 1st Seder should be arriving soon. The flowers, a mixed bouquet of white, yellow and crimson fill the entire dining room with their magnificent floral scent. My table is set with my late mother's bone china dishes that have an old fashioned purple floral pattern around the edges. The wine glasses are sparkling, ready for the wine. My Seder plate takes centre stage. And the traditional condiments are all there too, including my favourite, the bright, red horseradish which sits ready and waiting for its soul mate, the gefilte fish. "Hopefully it is strong this year," I say to myself, since I know some look forward to clearing their sinuses with it! The chicken soup is floating in a massive cauldron on the stove and my daughters announce that you can smell it all the way down the street! (Truth be known, many on the street are also contributing to the beautiful aromas wafting in the air.) My chickens are cooking in the oven. And it

seems my most important task now is getting the timing right to ensure that the food is ready to be served at the proper moment during the Seder. I ask my helper in the kitchen for his input, "Should I put the vegetables on now, or will they be overdone by the time I'm ready to serve?" He turns to me and says that I should wait a few more minutes, and then goes back to his current job of nicely arranging the small plates with tomatoes, carrots and lettuce so that each is ready for a big piece of gefilte fish, which will serve as our first course. My family and I run upstairs to get dressed, since we only have half an hour before our guests arrive. This year's invitees are my mother-in-law, aunt on my husband's side, my sister, her husband and their three kids, my brother-in-law, his girlfriend and his two boys, and my next door neighbours. Everyone arrives on time (miracle of miracles!) and we're ready to begin. As my husband leads the way through the Haggadah, my sister and

I share funny moments from when we were kids in between me running in and out of the kitchen to get the symbolic Seder foods. There's the bitter herbs, the celery in salt water, the Charoset. We're moving through the Haggadah at a nice pace and soon we are close to enjoying the Seder meal together. I run into the kitchen to grab the first course – the plates with the gefilte fish that my helper had so nicely arranged an hour or so ago. The plates are there, but not one has a piece of gefilte fish on it. I frantically open the fridge and scan each shelf one by one searching for the fish. But it's nowhere to be found. "Think," I scream to myself. "Where did I put the gefilte fish???" I look at my helper with worry all over my face and he looks back at me with a dumbfounded expression, shrugs his shoulders and says, "I didn't see any gefilte fish." And then it hits me.

My helper had previously worked for my neighbour during Rosh Hashanah. And

# Big Sibling Office Visitation

After a five year hiatus, the Big Sibling Committee brought back the ever-popular Office Visitation Night program on January 25th.

Thank you to the numerous Alpha

Omega alumni members who offered to host the students in their practices. In the end, we could choose only three – one to host the students for each course of dinner: appetizers, main course and dessert. Besides enjoying good food and drink, the students had wonderful and worthwhile visits to these different offices. A very big thank you goes out to **Dr. Stephen Zamon, Dr. Erica Zamon, Dr. Yair Lenga, Dr. Izchak Barzilay and Dr. Effrat Habsha**, for welcoming us into their dental clinics and sharing a wealth of information with the students. As the good word continues to spread, this event is sure to be run again in the near future. In the meantime, I would like to thank my fellow committee members, **Dr. Michael Landzberg and Dr. Emily Singer**, for helping to organize this successful program.



## WHERE'S THE GEFILTE FISH?

*Continued from page 15*

my neighbour had always served these large, round matzoh balls that she purchased from a nearby restaurant. I thought logically and then blurted out loud, "Oh no, I think I know where they are! I grab my ladle and start to "fish" for my gefilte fish throughout the huge pot of chicken soup. And lo and behold, there they are floating in the soup among the small matzo balls. But they are hot. "Are they ruined?" I wonder. I need an expert opinion so I race into the dining room and very quietly and discreetly tell my mother-in-law what happened all the while everyone else is participating in the Haggadah songs and readings. I get a laugh and a thumbs up from her, but she tells me I should try to cool them before serving. I speed back to the kitchen, throw them into a plastic bag and put them in the freezer for a few minutes. My helper who was just trying to be helpful felt terrible. "Don't worry", I said. Once cooled, my helper and I place a piece on each of the small plates, and then calmly walk into the dining room to serve this first course to our unknowing guests. "Delicious," everyone agrees. But then it dawns on me. What did the gefilte fish do to my chicken soup? Soon my worries are alleviated when my daughter in the dining room yells to me in the kitchen, "Mom, this is the best chicken soup ever!"

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# From The Mind of Mecklinger

They are always looking for some new and crazy so called sporting event to add to the Olympic Games... such as "texting" while snow boarding or ice hockey with no fighting (unheard of) or a male female team barefoot three legged marathon.

But I think that the one thing that a large number of athletes are really good at is "Lying". Quote "I never took any performance enhancing substances". Sure! That is why all you guys look like Popeye. You must be eating tons of spinach everyday. Quote "I am really a female runner". Sure! That is why Gillette is after you to do commercials since they dropped Tiger.

There should be a gold medal for lying, then there would be a vast field of participants from all walks of life.

Lying starts very early in life. When you are a little kid it is called "fibbing". Your mother would usually say "I can tell when you are fibbing". She is almost always right because she possesses the earliest lie detector. She has the ability to look into your eyes and tell when you are lying. After she completes her role as lie detector she will usually say "I will let your father deal with this when he gets home".

Instantly two thoughts enter into your mind. First "I hope it takes him five years to get home", and second "those kids who don't know who their fathers are can't get any luckier".

As we get older lies like "I will be home in a minute" and "the dog ate my homework" grow into more sophisticated lies and with practice people develop good eye contact and learn to lie with a straight face.

Politicians fall into this category.

"I never had sex with that women.... Clinton"

"I am not a crook ....Nixon"

"There will be no wage and price control....Trudeau"

"We will not raise taxes....all Governments"

It is ironic that the words Liar and Lawyer almost sound the same. Question: How do you know when a lawyer is lying? Answer: When his lips are moving.

What do women lie about? Mostly about their age. This keeps the plastic surgeons in business. I knew a woman who had plastic surgery that made her look twenty years younger, she then complained when they would not sell her a senior ticket at the movie theatre.

What do men lie about? Pretty well everything. Women, golf scores, money, stocks, gambling, drinking, drugs and on and on and on. Which brings me to Tiger Woods. He probably took too much Tiagra.

O.J. proved you can lie and get away with murder, but don't steal anything.

There are many songs written about lying, like "The night that you told me those little white lies" and "How could you believe me when I told you that I Love you when you know I've been a liar all my life."

When some one says "But to tell you the truth" does that mean that everything else that they said is a lie?

How many things do people swear on?

- I swear on my life
  - I swear on my mother's grave.
  - Cross my heart and hope to die.
  - May I not live to wake up in the morning.
  - I swear to God.
  - May God strike me dead if I'm lying.
  - I swear on a stack of Bibles (not just one).
- There are many responses to lies.
- "You are so full of it that your eyes are brown".
  - "I didn't know that they piled it that high".
  - You lie like a rug".
  - You hold the light while I shovel".

- You lie through your teeth".
- You wouldn't know what the truth is" and for kids... "Your nose is getting longer".

At this point in time marketing and advertising people are getting slicker. I call it "Qualified Lying". This protects the vendor. Signs in window ... up to 80 percent off. 80 percent is two feet high ... up to is one inch high. 50 percent off selected items (not the ones that you select).

Up to twelve shades whiter. How do you deal with it when they just get a brighter yellow? Answer "Duct Tape (no one will see her teeth and you don't hear her complain).

So if you are going to tell a lie, you may get caught or you may get by. Keep a straight face and don't crack a smile or they will catch you by a country mile.

My other line is ringing I have to go. That way they will never know.

I'm sorry I can't talk anymore there is someone knocking on my door.

I don't know what your radar gun was reading; I do know that I was not speeding.

I don't know what you are thinking; I do know that I was not drinking.

You told me to walk the straight line, well the line is crooked and I am fine.

So don't get caught up in lies or you will have nowhere to hide. Remember Jimmy Cricket's advice to Pinocchio... "Let your conscience be your guide".

**Marvin Mecklinger**



February 10, 2010

Dear Chapter President,

“Honoring the Past - Planning the Future” is a project that was launched by The Hebrew University-Hadassah School of Dental Medicine Founded by the Alpha Omega Fraternity and Alpha Omega to establish a unique Conference Room at the Dental School in Jerusalem.

This beautiful Conference Room is situated on the recently built top floor of the Dental School next to the new Alpha Omega Museum. The view of the Judean Hills from this room is breathtaking. We are very proud to have this Conference Room carry the names of the Alpha Omega chapters worldwide, engraved on a special recognition plaque. This Conference Room provides a tranquil, comfortable and beautifully designed setting for thorough discussions that will further dental science and cooperation with other colleagues and institutions. It was inaugurated in December 2008 during the Alpha Omega Centennial Convention.

It is our deep desire to honor all Alpha Omegan chapters that are part of this endeavor and to properly recognize them. We very much thank the Chapters that have already pledged to establish this room and we would like to assure their proper listing on our recognition plaque, thus permanently linking them with the Alpha Omega Conference Room at our Dental School.

Attached is the list of the Alpha Omega Chapters that according to our records are presently qualified to appear on the recognition plaque.

Please feel free to contact me at the Dental School for any questions you or your Chapter may have. Contributions should be addressed to: The Hebrew University-Hadassah Faculty of Dental Medicine; Dean's Office; POB 12272; 91120 Jerusalem; Israel.

Please accept our heartfelt thanks for your continuing support and commitment to dental education and research in Israel.

Fraternally,

Prof. Adam Stabholz  
Dean



**THE MAIN CONFERENCE ROOM IS DEDICATED  
IN HONOR OF ALPHA OMEGA CHAPTERS WORLDWIDE**

**WE THANK THE GENEROSITY OF THE FOLLOWING  
ALPHA OMEGA CHAPTERS:**

- |               |                       |                 |
|---------------|-----------------------|-----------------|
| Atlanta       | Lyon                  | Seattle *       |
| Boston        | Marseille             | Strasbourg      |
| Chicago       | Montreal              | Toronto         |
| Detroit       | New York *            | Vancouver *     |
| Jerusalem     | Philadelphia          | Washington D.C. |
| London        | San Fernando Valley * | Zurich          |
| Los Angeles * |                       |                 |

# AO Continuing Education Series or Own the Podium

As I write this, our Canadian athletes continue to 'own the podium'. Their excellence speaks to our entire nation. Their victories are our pride.

Watching the Olympics, I can't help but make the connection to the dynamic speakers who have graced our Alpha Omega 'podium' this past year. They have truly been of gold medal status. This year we had an all star lineup of speakers who put a new twist on dentistry. The intent of the continuing ed series is to feature some of our young, fresh out of grad school specialist fraters who have some fresh, cutting edge ideas that will have clinical relevance to our members.

We kicked off our series on October 19, 2009 with **Dr. Yair Lengua** (perio), who spoke on the great topic, "Herodontics". Yair showed us examples of teeth that could be saved with conservative approaches to dentistry where the current trend is just take it out and place an implant. We learned that sometimes saving the tooth is a better approach. This lecture was generously sponsored by DSG Dental Labs.

Our next speaker was equally dynamic with **Dr. Sara Web** (paedo) speaking on "New Advances of Fluorides and Remineralization with ACP". The talk was held on December 8, 2009. Our sponsor

for this event was Premier. **Dr. Werb** emphasized an evidence based approach to the variation in risk assessment for prevention in decay for our paedodontic patients and individualized treatment plans for prevention,

Our last seminar was another blockbuster with the dynamic duo of **Dr. Robert Barron** (OMFS) and **Mr. David Goodman** (paramedic) on Medical Emergencies in the dental office. What made this seminar so exciting is the presentation of real scenarios presented by Dr. Barron and the EMS response by Mr. Goodman. As well David Goodman talked about the importance of having an AED (automated external defibrillator) in your office. This seminar was held on February 24, 2010 which for you hockey and Olympic junkies was the night Canada defeated Russia in the quarter finals. This was definitely a night to remember. As well, David Goodman's company Heaven Can Wait sponsored the event and he has offered \$100 off for AO members wishing to purchase an AED. Please note that David Goodman teaches CPR certification for dental offices. He may be contacted at david@heavencanwait.biz or 416-331-8855.

By the time you read this, the 2010 Vancouver winter Olympics will be over



but our Continuing Education series gold medal performances will continue. Make sure you join us on Monday, March 15, when **Dr. Riva Black** (oral path) will be speaking on the topic, "It's really nothing...or is it?", Oral Pathology for the General Practitioner. Sponsor for this event is Designs for Vision.

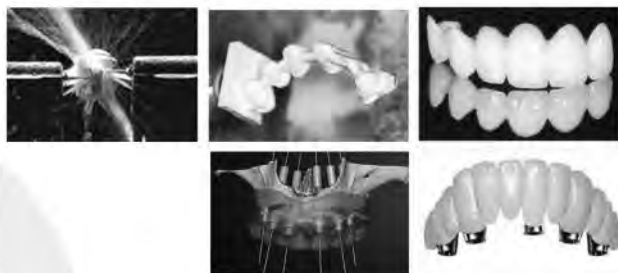
Taking the anchor leg for our gold medal team is **Dr. Brian Laski**, with a talk on "Inflammatory Root Resorption" on Thursday May 6, 2010. The sponsor for this last seminar is RBC.

So, if you have nothing better to do after work than to go out and listen to more talks about dentistry then this series of talks is for you. What could be better than fressing and kibitzing with fellow fraters and oh yeah a bit of world class dentistry? Congratulations Team Canada and our own Team Alpha Omega.

**Alan Vinegar**,  
Continuing Education Chairman.

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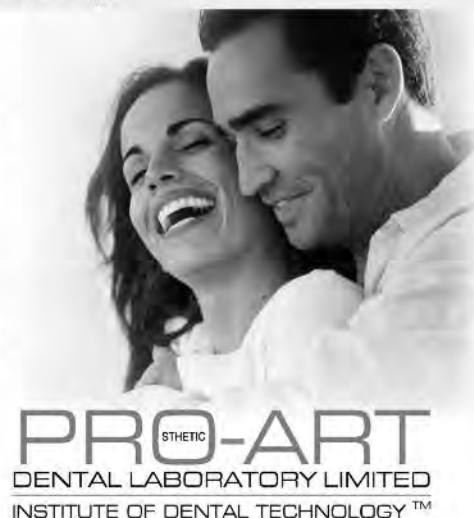
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# HALF DAY SEMINAR AND CHARITABLE DRAW

On Monday, February 1st, a long-standing tradition of our Chapter took place at the newly renovated Beth Torah Synagogue, also fondly known as the "Dairy Queen Shul" to those of us who have grown up here in Toronto. This was a new venue for this event and I'm sure those who attended will agree that it turned out to be a great one. The beautifully reconstructed location provided a comfortable and elegant spot for the seminar and dinner. Not only that, for the first time in as long as many of us can remember, it didn't snow!

We were fortunate enough to have three very interesting speakers on a variety of subjects.

The first speaker was **Dr. Susanne Perschbacher**, an Oral Radiologist, who gave us some helpful hints and interesting tips on a subject relevant to all of us. Her talk was aptly named: "Things aren't always black and white... Keeping things clear in radiology."

Next we listened to **Dr. Ramzi Hadad** enlighten us about a relatively novel style of dental practice which he called "The Dental Spa", showing us his way of looking outside of the box.

And our 3rd speaker, **Dr. Sara Solomon**, dentist, physiotherapist and personal trainer, shared some very useful methods and aids to enable us to avoid many of the aches and pains we all often experience in our physically taxing profession. Her subject, "Dentistry Shouldn't be a Pain in the Neck...or Back", offered us some simple techniques and important advice for making our lives less painful.

After a very pleasant hour of cocktails and yummy hors d'oeuvres, we sat down to a delicious dinner. During the dinner we did the Charitable Draw and gave out some great prizes courtesy of our generous sponsors (please see list of sponsors below). Between dinner courses we had another very interesting speaker, **Dr. Michael Bloom**, a physician representing DARA, Doctors Against Racism and Antisemitism. He gave us some insight into an amazing organization which does great humanitarian work all over the world.

All in all, it was a really great evening. And it would never have happened without the diligence of Chair **Eddie Glick** and our committee, **Andrea Heckler-Aboodi**, **Stephen Kay** and **Yair Lenga**.  
**Sharon Perlmutter**, DDS



*Mr. Jack Kugelmass, Dr. Sheryl Lipton, Dr. Michael Bloom of Dara, and Dr. Mel Kay*



*Dr. Susanne Perschbacher and Dr. Eddie Glick*

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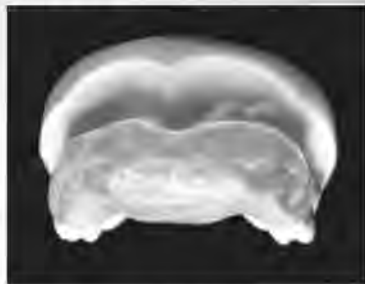
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- DVI – Dental Volunteers for Israel
- One Family Fund (*supporting victims of terror in Israel*)

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Mrs. Rhonda Nussbaum on the loss of her husband frater Dr. Saul Nussbaum

Dr. Marvin Obar on the loss of his mother

Dr. Charles Pine on the loss of his father

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