

AORTA



ALPHA OMEGA REVIEW OF TORONTO ALUMNI CHAPTER, PI CHAPTER
WEB SITE: WWW.AOTORONTO.ORG

FEBRUARY 2011 VOL. 52, NO.4

Annual Business Meeting

Monday, April 11, 2011

Beth Sholom Synagogue, 1445 Eglinton Ave. W.

5:30 p.m.

followed by a brief
executive meeting,
cocktails, and
dinner at

7:30 p.m.

*Alpha Omega
Chanukah Party*



See page 18



Visit Our New Website!
www.aotoronto.org.

INSIDE

We Are What
We Remember

The BRAVO Study

You are Lucky
to Read This

What They Never
Taught Us at
Dental School

Solutions That Fit.



 **LINDBERG
HOMBURGER
MODENT**
dental studios ltd.

Providing Services For Over 50 Years!

 **LINDBERG
HOMBURGER
MODENT**
dental studios ltd.

344 Dupont Street #302, Toronto Ontario M5R 1V9
T. (416) 924.6684 TF. 1.800.387.0092 F. (416) 925.8289
www.lhmdentallab.com

Mel's Musings

Well, the convention in San Diego has come and gone and by all accounts it was a success. I'm sure **Larry Rotman**, our international representative, will be able to get everyone up to speed with A.O. International. I can tell you that next year's convention will be taking place a little closer to home - in Fort Lauderdale, Florida. The convention hotel is a gorgeous site and given the Florida location, this should be a very well attended convention. Watch for details and plan ahead!!

At this point, I would like to thank those who have chaired recent programs. **Phil Novack**, **Lionel Lenkinski**, **Bruce Glazer** and **Ted Kerzner** did a terrific job on the half-day seminar co-sponsored by the CDPA. It was a very informative and well organized program. Thank you also to **Laurel Linetsky** and her committee for the "Delicious Dish" sell-out event. As well, a lovely Graduating Class Dinner and Dance was held at 398 West. Great venue, delicious food, and inspiring address to our grads by **Michael Landzberg**. The evening also saw the induction of new Pi Chapter members by **Larry Rotman**. It was encouraging to see the attendance and support of a number of Toronto A.O. alumni, including **Dean David Mock** and his wife **Karen**. By the time you get this edition of the AORTA, our Family Skate and Hockey Night will have taken place. I know from my own grandchildren how much children of all ages look forward to it. Thank you to **Stephen Kay** and his committee for organizing this popular family outing.

I hope all of you saw the advertisement for "Aim Chai" in the early January issue of the Canadian Jewish News. Our very own **Harvey Cooperberg** is one of the lead thespians in this production, scheduled for January 30, 2011 at the Vaughan City Playhouse. **Paul Okorofsky** has graciously agreed to publicize and organize an evening for A.O. members to attend this production. All proceeds from "Aim Chai" are going to Ve'ahavta, an organization that



supports needy populations around the world, including Toronto's homeless. My wife and I look forward to seeing you there.

If all goes well, and the weather cooperates, we will once again be having a Family Ice Fishing Day led by **Stephen Kay** on Sunday, February 27th at Lake Simcoe.

Watch for further details.

By now you should have received the flyer regarding our Half-Day Seminar and Charitable Draw Dinner. The afternoon lecture features **Steve J. Anderson** whose topic, "How to Thrive in a Slow Economy", will address expanding and growing your practice despite the economic trends of the day. Steve is a dynamic speaker who has spoken to other A.O. chapters with glowing response. Another of our not-to-be missed events! Thanks go out to **Sharon Perlmutter**, **Miriam Rosenberg** and **Andrea Heckler** for organizing this program.

Another vitally important future event is in the works under the very capable **Bernie Gryfe** and **Art Tarhis** - our dynamic Zoomer duo! The Zoomer program is a new endeavour in our chapter, and judging by the inaugural event last year, it is a very welcome addition to our programming line-up. This year, the Zoomer program is presenting **Tarek Fatah**, author of the book *The Jew is Not My Enemy*. Mr. Fatah is a founder of the Muslim Canadian Congress, a regular on "The Live Drive" with **John Tory** on CFRB, and a much sought after speaker. He has presented recently at various synagogues in the Toronto area discussing his views of anti-Semitism and Jewish-Muslim relationships. This program is scheduled for Thursday evening, March 31, 2011. Watch for further details regarding the time and location.

And, this just in... **Andrea Heckler** was made a Young Director of the International Board of Directors, and **Michael Landzberg** and **Sara Werb** will be co-chairing the mentorship committee,

Continued on page 4

AORTA



Published bi-monthly by

Toronto Alumni Chapter of Alpha Omega

128 Willowdale Ave., Toronto,
Ontario M2N 4Y2
Tel: 416-250-7417 Fax: 416-250-8668
e-mail: info@aotoronto.org

Editor

BARRY REINBLATT

c/o Alpha Omega, 128 Willowdale Ave.
Toronto, Ontario M2N 4Y2
TEL: (HOME) 905-886-7497
(OFFICE) 905-725-9954
FAX: 905-725-5830
E-MAIL: barryreinblatt@sympatico.ca

Assistant Editor

SHARON PERLMUTTER

Advertising Committee Chair
ALAN KREIDSTEIN 416 630-6282

Entertainment 2009

MARILYN WEINRIB

Days and Evenings 416-638-6161

Art Direction

ROGER MURRAY AND ASSOCIATES INC.

Tel: 905-880-7188 ext. 2 Fax: 905-880-3326
E-mail: rogermurray@fastmessaging.com

The opinions as expressed by the editors and columnists of the AORTA do not necessarily reflect the views of Toronto Alumni Chapter and/or its executive. All correspondence should be sent to the Editor c/o Alpha Omega, Toronto.

NEXT EXECUTIVE MEETING

Monday, March 7, 2011

NEXT AORTA DEADLINE (APRIL)

Monday, March 7, 2011

NOTABLE ACHIEVEMENTS

Please inform the AORTA of fraters or members of their families who have achieved success, honours or milestones.

BENEVOLENCE

Please call Samuel Newman regarding illnesses or deaths of fraters.

Office: 416-922-3632

Home: 416-782-9850

ASSOCIATE PLACEMENT

Fraters who are interested in having an associate join their practice or who are interested in associating with another dentist (full or part-time) contact Philip Novack

Office: 416-224-2114

Fax: 416-224-1282

Director's Report

LARRY ROTMAN

I have recently returned from a wonderful week at the Alpha Omega International Convention in San Diego. Although the weather was not ideal for sitting by the pool in a swimsuit it was certainly perfect for golfing or visiting



attractions like the world famous San Diego Zoo, SeaWorld, (which was walking distance from the hotel) or the U.S.S. Midway aircraft carrier.

The convention started on December 25th with a unique community service event. Thanks to the significant efforts of frater **Irv Silverstein** from Southern California and Alpha Omega, the fraternity was able to acquire over 3000 pounds of food, both fresh produce and non-perishables. We were able to sort, package and distribute these items to 50 families that had been selected by a local social service agency. It was heart-warming to see our members and their children so willing to give of their time that we had to turn back some people as the bus to the community centre where the distribution took place could not accommodate everyone. The immense gratitude that was demonstrated by the recipients as we were able to provide for them on Christmas left all our volunteers with a great feeling of accomplishment.

Later that evening was the Opening Reception where fraters that regularly attend convention had the chance to reconnect with their friends from around the world and those attending their first convention could make many new friends.

The convention continued through the week with many terrific scheduled events as well as plenty of time to experience all that San Diego had to offer. Some of the highlights of the week included a private tour and dinner on the U.S.S. Midway, a terrific New Year's Eve party and Honours Night.

At the Honours Night Dinner the new International President **Michael Tenenbaum** from Montreal was installed and the fraternity's highest honour, the Achievement Medal was presented to **Stanley Bergman** the C.E.O. of Henry Schein for the significant philanthropic contributions that he and his company have made.

At the dinner, the new members of the Board of Directors were also installed. New members of the board include Toronto alumni chapter executive member **Andrea Heckler** as the new Young Director and Pi Chapter member **Reanna Rochman** as the student representative of Alpha Omega Foundation. They will join **Avi Wurman**, the current Convention Representative, and me to give the

Toronto chapter significant input on the board.

As part of the board's responsibilities, we will be focusing our efforts to promote the fraternity's Global Oral Health Initiative or GOHI. The Global Oral Health Initiative is an undertaking of Alpha Omega to enhance our philanthropic endeavours. As an organization that was so instrumental in establishing and supporting the two dental schools in Israel, we wish to continue to contribute to oral health care at home, in Israel and around the world.

In an attempt to fulfil this goal there are two ongoing GOHI projects. Through the generosity of our sponsors like **Henry Schein** the fraternity has a fund of \$75,000 which will be used over the next few years to help fund community service projects that any chapter develops as well as award cash prizes to chapters for the projects they provide. If anyone has an idea for a project that our chapter could develop I would appreciate it if they would contact me or any of the other board members.

The second GOHI project is related to the "Tree of Peace". The Tree of Peace is a sculpture that stands in front of the Hebrew University School of Dental Medicine. The fraternity has acquired the rights to have miniature replicas of this interesting sculpture made, as well as jewellery pieces like broaches or lapel pins that can be purchased as a fundraising project. More information about these items will be available shortly.

The next international convention will take place from December 25, 2011 to January 1, 2012 in Fort Lauderdale, Florida at the Harbor Beach Marriott Resort. I would like to suggest that you consider joining us for a wonderful week. If you regularly are in the South Florida area at this time but do not wish to attend the entire convention please accept my invitation to attend any of the individual events that you find interesting. You can get more information on the fraternity's website. I hope I see you there.

Mel's Musings

Continued from page 3

following in the footsteps of **Dan Hagi**. Congratulations!

At this point in my term as your president, I want to take a moment to express my gratitude to our line officers and all our program chairs and committee members. I am so proud of the work you have done and continue to do to bring interesting, entertaining, and informative events to life for all of us. Toronto A.O. continues to be the "place to be" - to stay connected not just to dentistry, but to our

community and our Jewish roots. Kudos to all of you!!

Finally, on a somber note, I would like to personally pay tribute to our late frater **Irwin Rose** z'l, a past president of Toronto A. O. We could always count on Irwin to contribute to fraternity life. We will miss Irwin's booming voice, his sage advice and his courage to stand up and express his views in a constructive and instructive way. His comments were generally right on. Our sincere condolences to Clara, the children, grandchildren and the entire family.

Thank you all.

From the Editor

BARRY REINBLATT

I don't know about you, but I hate winter. I know, I know, I'm Canadian born and bred, I'm not supposed to say things like that, but it's just so darn cold out there.

Thanks, now that I've vented, I feel better. If you want to feel warmer, just read through this issue and get to know our warm Alpha Omega 'family' a little better (nice segue, huh)!

As usual, we have quite a cornucopia of articles in this month's magazine.

President **Mel** starts it off with his thoughts on everything Alpha Omega, Canadian Director **Larry Rotman** brings us up to date on the latest version of the International Convention, while **Bonnie Chandler** summarizes the most recent executive meeting. We get to relive recent events with reports and pictures from the fall seminar, the cooking demonstration,



continuing education evenings, and the Chanukah party.

There are a couple of articles written to make you think and reflect, one by **Marvin Klotz** and the other by **David Burstein**. As always, we have our humour article,

written this month by **Marvin Mecklinger**. I do need to apologize to Marvin M., due to an editorial error, his humour column last month was a reprint of a previous column. However, if you are like me, you never get enough of his humorous writings!

Pi chapter weighs in with their 'slice of Pi' report, as well as an interesting letter to the editor regarding the DVI clinic in Jerusalem and the need for assistance in the running of its Canadian arm. It is also

my privilege to have a couple of articles from guest writers. **Syrelle Bernstein** reports on the 'BRAVO' study on volunteering at Baycrest, and **Anne Bosy** writes about the oral-systemic link. All in all, I would rate this as a very haimish (or you could say warm) issue.

SPONSORSHIP PROGRAM

If any Alpha Omega member knows of individuals or corporations who may be interested in sponsoring our programs please let me know. This will ensure the quality of our programs and events.

Please email this information to eddieglick@rogers.com. To all committee chairmen, please forward a list of your corporate sponsors. Also please list the contacts and email addresses.

Thank you in advance. Eddie Glick

Recommend a system that virtually eliminates plaque from your patients' smiles...

...and helps to prevent regrowth.



Give your patients a virtually plaque-free smile.

The mechanical action of the Oral-B® power toothbrush effectively removes plaque and the chemical action of the Crest® Pro-Health™ toothpaste and Multi-Protection rinse helps keep it from coming back.

To learn more about the Pro-Health™ System, please contact Crest Oral-B at 1-888-767-6792. Crest® Pro-Health™ toothpaste treats sensitivity, fights gingivitis, plaque and tartar, and prevents cavities. For adults & children 12 years and older. Do not swallow. Crest® Pro-Health™ Multi-Protection rinse helps prevent plaque buildup and gingivitis. Keep out of reach of children under 6 years old.

Corath RW, Wolanski AA, Booker DL, Barker ML, Bloshrock AR. Daytime Plaque Effects of Power Brush, Therapeutic Paste, and Rinse. J Dent Res 2010;89A. Abstract: 1272.



**PRO-HEALTH™
SYSTEM**

Crest Oral-B

From The Mind of Mecklinger



I was standing on the street in downtown Toronto watching the demonstrations during the G20. At that given point all hell broke loose. Police cars were being torched and windows were being cracked like eggs for an omelette.

A small boy was standing on the road observing the situation. He was alone and he had a smile on his face. I walked over to him and struck up a conversation which went something like this:

M.G.M: How old are you and what is your name sonny?

Boy: I am ten years old and my name is Herbert but everyone calls me "Hey Bear".

M.G.M: Why do the call you "Hey Bear"?

Boy: Because I was born in Quebec.

M.G.M: Where are your Mom and Dad?

Boy: The police put handcuffs on them and took them away in a big truck.

M.G.M: I can't believe that you are not crying.

Boy: This happens to them all the time. The police will let them go soon and we will be ready for the next protest wherever that is. As a matter of fact, it was my mom's birthday last week and my dad bought her a gold handcuff.

M.G.M :Unbelievable.

Boy: Last year dad got her handcuff tattoos.

M.G.M: That sounds nice.

Boy: I don't know. They won't let me see them or tell me where they are.

M.G.M: What do you want to do when you grow up?

Boy: I want to be a professional protester.

M.G.M: Do you have any experience?

Boy: Oh Sure! I protest broccoli, cauliflower, spinach and time outs.

M.G.M: What do you get time outs for?

Boy: Mostly for protesting the things that I don't like to eat.

M.G.M: Will you protest peacefully or will you be like an anarchist?

Boy: Why do you stutter?

M.G.M: Do you know the meaning of anarchist?

Boy: Sure! Noah was an archist.

M.G.M: So tell me Hey Bear, what are the good things and the bad things about protesting other than you get to see the world?

Boy: Here it is in a nutshell. In countries where things are good they allow you to protest; but in countries where things are bad they don't allow you to protest, so things never change.

M.G.M: O.K. let us move on. What else do you want to be when you get older?

Boy: I want to be the Mayor of Toronto.

M.G.M: What do you know about running the City of Toronto?

Boy: Exactly the same as the other candidates "absolutely nothing" only I am the only one that admits it. I am honest.

M.G.M: Well let us put it this way. How would you handle the transportation problem in Toronto? More subways? More buses? More L.R.T.?

Boy: I promise that every citizen of Toronto will get a chauffeur driven limousine.

M.G.M: How do you propose to do that?

Boy: It's only a promise. All politicians break their promises so why not promise something good and get the votes. Who wants to ride a smelly bus or street car? I will also create bicycle lanes in the subway so people can ride in the winter when it snows.

M.G.M: What other brilliant ideas do you have?

Boy: Most problems are with big cities; so you must limit the size of the city.

M.G.M: How do you propose to do that?

Boy: we need walled cities like in the old days. If two people die, two people can come in; if four people move out then four people can come in.

M.G.M: Wow! Another of your great ideas; but do you see any problems with a walled City of Toronto?

Boy: Oh sure! Graffiti on the walls.

M.G.M: It's getting late and we should go and bail out your mother and father; but tell me what would be the first thing that you would do if you became Mayor of Toronto?

Boy: "Raise My Salary"

Dr. Marvin Mecklinger

UPCOMING EVENTS

CONTINUING EDUCATION

Thursday February 24, 2011

Dr. Jonathon Madras – Cracked Tooth Syndrome: Diagnosis and Management

Monday, May 2, 2011

Dr. Brett Saltzman – Pulpotomies and stainless steel crowns

WESTERN SKI SEMINAR

Saturday, February 19, 2011 –

Thursday February 24, 2011

Big White / Silver Star, Kelowna B.C.

FAMILY ICE FISHING DAY

Sunday February 27, 2011

Lake Simcoe

ZOOMER PROGRAM

Thursday, March 31, 2011

Tarek Fatah, author of "The Jew is Not My Enemy".

ANNUAL BUSINESS MEETING

Monday April 11, 2011

Beth Sholom Synagogue

AO WEBCASTS

Check www.ao.org for future webcasts and other international info. Check www.aotoronto.org for local up-to-date information.

HEALTHSMART™

FINANCIAL SERVICES

YOUR INTEREST-FREE PATIENT FINANCE SOLUTION



Because cost should never be an obstacle in achieving optimal oral health.

Making procedures affordable is what Health Smart Financial Services™ is all about. Offering favourable repayment solutions to your patients increase both procedures completed and patient satisfaction.

INCREASE YOUR BUSINESS 30% OR MORE!

- ◆ Instant online approval for all patients
- ◆ Increase average procedure dollars
- ◆ 0% interest, seamless to patients
- ◆ 100% approval*
- ◆ Optimize sales opportunities
- ◆ Makes procedures affordable for patients

Call 1.877.276.2780 or email: info@healthsmartfinancial.com

HEALTHSMART™
FINANCIAL SERVICES

1.877.276.2780

www.HealthSmartFinancial.com

*Some conditions apply

The Oral-Systemic Link: Dentists have a responsibility to inform their patients

Although there have been many advancements in dental treatment, oral infection is an area that requires more focus. It is now estimated that 75% of the North American population has periodontal disease and about 15% of these individuals have severe periodontitis. Since periodontal pathogens are easily transmitted, the number of infected individuals will increase unless treatment becomes more effective. Unfortunately, not only do bleeding tissues and loss of teeth have a serious psychological and physical impact on the individual but evidence is accumulating that periodontal disease also has a serious impact on systemic health.

A connection between periodontal disease and systemic health was first described 120 years ago by Dr. Willoughby Miller, who wrote that the mouth was a “focus of infection where microorganisms or their waste products obtain entrance to parts of the body adjacent to or remote from the mouth”. Considerable evidence is now emerging that supports this relationship between periodontal disease, inflammation and many systemic conditions such as diabetes, cardiovascular problems, rheumatoid arthritis, and low birth weight babies. Hyperlipidemia and Alzheimer’s disease are two other conditions on this list. Osteoporosis and periodontal disease

share a common factor, bone loss initiated through chronic inflammation.

These systemic diseases are linked to the inflammatory response and the production of inflammatory mediators that result from periodontal infection.

The serious systemic health effects of oral infection were addressed very clearly by the editors of the American Journal of Cardiology and the Journal of Periodontology in 2009. They published a series of statements recommending that the medical and dental professions work closely together to decrease the impact of periodontal disease for those patients with atherosclerotic cardiovascular disease. They stated that the dentist has the responsibility to inform patients who have moderate to severe periodontal disease that they may be at an increased risk for cardiovascular disease.

Keeping oral tissues disease-free will help the diabetic stabilize glycemic index and reduce complications. Periodontitis has also been linked to pre-diabetes and insulin resistance. Nosocomial pneumonia, a common cause of death in elderly patients, has been attributed to pathogens from the oral cavity. Statistics show that by keeping the oral cavity of these patients even marginally clean by brushing, one in ten lives will be saved.

We can reduce mortality from pneumonia,

decrease the risk for Alzheimer’s disease, and increase the life expectancy of the individual by treating periodontal infections.

We know that the mouth can be a source of chronic but silent infection and that dental cleanings alone will not eliminate the source. Treatment requires a paradigm shift in the treatment of this disease. A periodontal diagnosis is most often based on clinical signs and symptoms. Studies show that microbiological tests taken on an ongoing basis, can determine the risk of disease progression, making it a useful predictor of recurrence of disease even before clinical manifestations are apparent.

Your patients need to know there is a relationship between their general and dental health. A successful practice requires a comprehensive patient information system to help patients recognize the seriousness of the oral condition and to accept treatment. The dental team has the responsibility to reinforce health and wellness awareness to their patients. Remember, a healthy mouth leads to a healthy body.

Anne Bosy.

Anne Bosy is the creator of the Oravital System. Formerly a professor at George Brown College and Regency Dental Hygiene Academy, she is currently the Senior Vice President and founding partner of Oravital Inc.

Goings on at the Executive Meeting

We had our last meeting on January 11, 2011. There was a respectable turnout considering it was in the middle of a snowstorm. **Larry Rotman, Alan Vinegar** and **Andrea Heckler** reported on International Convention. We talked about the new initiatives AO International has for fundraising, and the new direction it is going in. I’m sure there is a full report in this AORTA so I won’t be redundant.

I do have to mention that Andrea Heckler was voted to International as the ‘Young Director’, a new position for the fraternity, its goal is to bring younger members and families into the fraternity. Congratulations!

We talked about all the great upcoming events – skating night, Theatre night, Half Day Seminar to name a few. You all should have received your purchase program packages by now. The

prices on some items may be a bit higher than last year due to the 8% increase in tax. Remember the prices of all the items include tax and delivery.

We also discussed the website and how Scotiabank is sponsoring a good portion of it. The membership section is almost up and running and we will all get our passwords soon. All the upcoming programs are listed on it as well. It is looking fantastic but is still a work in progress.

That’s about all for now. Our next meeting will be on March 7 and hopefully the snow will be gone by then. See you all at the Ice Fishing program on Sunday Feb. 27 on Lake Simcoe. Bring your gutkes!!

Bonnie Chandler - Secretary ...next meeting is on March 7



We are what we remember

Sometimes profound lessons are learned entirely by accident. As some of you may be aware, I have

become involved with changes to my personal life style. This began with a desire to alleviate a very debilitating lower back problem and a desire to play with my grandkids for as many years as possible. Of course, it was soon apparent that the excess weight (let's be honest – fat) I was carrying was not helping the situation. Imagine lugging a back pack, loaded with hundreds of latkes, blintzes, knishes, and a few vurshts up and down stairs – it would cause fatigue, strain and pain in very short order. Not to mention the 45 degree tilt I now exhibit in my posture. The first steps in the process was to decide I wanted to lose some of the fat; join a motivational, support group and follow the plan.

Without going into detail, at this time, I signed up for a year's worth of group sessions and counselling. "Harvey Brooker's Weight Loss for Men" organization was and is very effective. I highly recommend it. (Please note, unfortunately I get no "kick back"). Then I was referred to a chiropractor who said, "it's idiopathic arthritis", which, of course translates into "I don't know what it is", followed by "I can't help you". Who ever heard of a chiropractor saying that? He referred me for physiotherapy at "One Step Ahead". Incidentally, my wonderful physiotherapist, **Jan Goldstein**, is married to AO frater **Gary Elman** (once again, no "kick back"). Her therapy has been very helpful but at my recent annual physical my physician, **Sidney**, remarked positively on my significant weight loss (equal to the average, Philipino woman); however, he also told me that I was 2 inches shorter than I was a couple of years ago, due mainly to my "tilt".

As a side benefit to the therapy, I also enrolled in their "seniors' yoga" group, run by a Jewish/Russian ex gymnast/ ballerina, young woman from Mexico – go know! One of my "classmates" is an elderly woman who moves carefully with

the aid of a "walker". During a lull in the stretching and kvetching we struck up a conversation about winter in Canada. Happy for the opportunity of a new audience, I regaled her with tales of epic snow adventures I had known. Of course, anyone from Toronto, of my vintage, remembers the magnificent snowfall of 1944. Two and a half feet of snow over night. What a paradise for an 8 year old kid: no school for 3 days, no cars, no traffic – just unblemished snow and huge drifts. We played, jumped, tunneled across streets and generally cavorted with innocent glee.

She listened politely to my child like reminiscences with a bemused expression on her face. Finally, she said to me, in a very matter of fact tone, "In 1944, my family and I were in Auschwitz." My saga of "fun in the snow" suddenly did not seem so exciting. "How old were you I asked", "Eighteen and then we were in

internment on Cyprus for a year waiting to be allowed into Israel". "You were in Auschwitz and Cyprus I gasped". She smiled as she continued, "most of my family was murdered in the camps".

This gentle, lovely woman had spent most of her childhood in terror and horror that was so remote from what most of us can even imagine. But the lesson was not lost – we must secure these memories and pass them on to new generations. It will not be long before all the "survivors" are gone. The least we can do is ensure that all the "stories" are heard and remembered. We must remember the past; we must prepare for the future but most importantly, we must live, teach and act in the present. Being a Jew can be a blessing or seem like a curse but it always carries the burdens of memory. We cannot forget and we must not let the world forget.

To remember is to keep alive!

Be well, **Marvin Klotz**

De Luca Dental Laboratories
Serving Dentistry For More Than 40 Years

- Cerec InLab
- Procera
- Captek
- Flexite & Cu-Dent
- Premium Orthodontics
- All Implant Systems

129 Willowdale Ave., North York, Ont. M2N 4Y3
Tel: 416.223.5870 Toll Free: 800.268.6657
www.DeLucaLab.com

The BRAVO Study

Baycrest Research About Volunteering in Older Adults

Baycrest, an academic health sciences centre affiliated with the University of Toronto, is internationally renowned for its care of aging adults and its excellence in aging brain research, clinical treatments and promising cognitive rehabilitation strategies. An exciting new study at Baycrest, BRAVO, has been designed to measure the health benefit to retired “Baby Boomers” gained by doing volunteer work. This study is designed to measure the impact of doing volunteer work on the physical, cognitive and psychosocial health of retirees.

Volunteering is generally accepted as being “good for you” once you retire. BRAVO is the first study to scientifically measure if specific volunteer activities can actually improve the “brain health”, such as memory and attention; physical health,

and the emotional health or mood of older adults who are not in the paid work force.

As Baby Boomers approach their retirement years, they represent the largest, healthiest and most educated pool of potential volunteer talent the Volunteer Sector has ever seen. They are looking for meaningful volunteer roles that reflect their values, experience and skill set, and they are keenly focused on extending their brain and body health through their lifespan.

“The long-term objective of Baycrest’s study is to see if volunteering is an intervention that has a protective effect against dementia” said Baycrest senior scientist and clinical neuropsychologist **Dr. Nicole Anderson**, who is leading the BRAVO Study.

Retirees aged 55 or older who are not currently working and not in another formal volunteer position (informal volunteer roles, such as family care giving, are allowable) and are willing to contribute 3 volunteer hours per week over a 12 month period at Baycrest are invited to participate in the BRAVO Study. Allowance is made to accommodate the BRAVO participant’s vacation or other temporary absences as needed.

Participants choose from a wide range of volunteer opportunities at Baycrest. Training is provided. Volunteer Study participants will be assessed prior to beginning their new role, after six months of volunteering, and at the end of the 12 months. Study volunteers are welcome to remain as volunteers at Baycrest at the completion of the study.

This study represents a novel opportunity to participate in a valuable research study and to do volunteer work at the same time.

Baycrest is conveniently located on Bathurst Street in Toronto, south of the 401. It is accessible by TTC. Parking is provided free of charge to volunteers.

The Baycrest BRAVO Study is funded by the Government of Canada’s new Horizons for Seniors Program and the Canadian Institutes of Health Research (CIHR). Another first, this research study is being done in collaboration with the Volunteer Services Department at Baycrest, under Director, **Syrelle Bernstein**, and leadership volunteers.

To register for this study, or find out more about it, please contact Syrelle Bernstein, Director of the Volunteer Department at Baycrest Centre, at telephone 416 785 2500 x 2577. Additional information can be found on the BRAVO website, www.Baycrest.org/bravo



Good health shouldn't be just a dream

Good health. We often take it for granted – and when you're healthy, it's easy to believe that even your wildest dreams are possible. Which is why we support so many health-related causes across Canada. From funding for medical research and hospital campaigns, to assisting community healthcare associations. We believe that by contributing our funds, our network and, most importantly, our people and their knowledge, we can help communities build their dreams.

To find out more about how RBC supports health and wellness in communities, visit www.rbc.com/community

Bryan Herskovits
Senior Account Manager
416-632-7960



* Registered trademarks of Royal Bank of Canada.
© 2006, WAMK. Used under license.

Letter to the Editor

Dr. Irving Petroff, January 3, 2011

Dear Barry:

The position of Treasurer has become vacant on the Dental Volunteers for Israel Committee. This position must be filled in order for the Committee to carry out its fund raising activities. Those people who have served at the clinic in Jerusalem know the need better than anyone and so it is from these people the DVI Committee is making the appeal to fill the role of Treasurer as well as the membership of Toronto Alpha Omega. It is not necessary to have had previous experience in this area as the systems for the position have been established to facilitate transition. **Stan Jacobson** has agreed to mentor and be a resource person to the new treasurer.

Further to this appeal I wish to point out that the members of the DVI Committee are not getting younger and that it is vitally important that new people come forward to serve. It is wonderful to have worked at the clinic, it is wonderful to spread the word that this a wonderful and fulfilling project but truly noble is to take on a role which is absolutely vital to the continued viability and success of the efforts of the committee. There are no visible rewards, only your own personal knowledge that you have been in the trenches and have been doing work that is useful in a very tangible way.

The demands on the Israeli youth in the future will be great as they will be in the forefront of the battle against anti-Zionism which is the twenty-first's century's term for anti-Semitism Many of the patients at the DVI Clinic in Jerusalem will serve eventually in the Israel Defense Forces and it will be in everyone's best interests to have them healthy and up for the task.

I hope people will come forward to help not only the DVI Committee but the children of Israel.

Yours sincerely

Frater **Irv Petroff**, Chairman of the Toronto Dental Volunteers For Israel Committee

SHEP NACHAS

Mazal tov to:

Jaclyn Glick on her recent engagement. Also Mazel Tov to her parents, **Eddie and Susan**.

Arthur and Terri Keyfitz on the recent birth of their grandson.

Brian and Amy Laski on the recent birth of their daughter, **Simone Ashira**.

DISPOSABLE GLOVES AT WHOLESALE PRICES

LATEX • VINYL • NITRILE

BEST PRICE GUARANTEED

AMBIDEXTROUS POWDER FREE

NON-STERILE SINGLE USE

PREMIUM QUALITY • TEXTURED TECHNOLOGY
• SUPERIOR PROTECTION

Health Canada Approved




AD Gloves

(416) 305-2736

E-mail orders and questions to:

adgloves@gmail.com

Health Canada Medical Device License 65845

HENRY SCHEIN® 



SUPPLIES

EQUIPMENT

SERVICES

We do that!

1.800.668.5558 | www.henryschein.ca

Your Trusted Partner • Value Focused
Technologically Innovative • Committed to Service Excellence

 www.twitter.com/ScheinDeals

 www.facebook.com/henryscheincanada

You are lucky to read this

DR. H. DAVID BURSTEIN

Of all the formal bits of advice I received during my dental education, maybe the most important was at a formal. During his remarks at our Graduation Ball, **Dean Richard Ten Cate** quoted a Buddhist proverb "You have what you want, now learn to enjoy it."

A short time later there was a day in which I attended a wedding, had two funerals, and was invited to four graduation parties.

During his eulogy at one of the funerals **Rabbi Jordan Pearlson** asked "Why is it that when good things happen to us we take them for granted, but when bad things happen we say "Why me?""

These two ideas have stuck with me for 28 years.

On his radio talk show **Dennis Prager** spends an hour each week on the topic of happiness. He challenges listeners as to where we seek happiness. There are people who think they will find happiness once they get X, Y, and Z. But what happens when they do not get X, Y, and Z? Are they not entitled to pursue happiness elsewhere?

Conversely, what about the people who do get X, Y, and Z, and still are unhappy?

A starting point is a honest assessment of our base. Prager's indispensable ingredient for happiness is gratitude for what we have. The above quotes look at two of our sources, one we created for ourselves, and the other for gifts that are not of our doing.

Being a Canadian Jew born in the middle to late 20th century, we should be happier than 99% of humanity.

As Canadians, we live in a free country with a Charter of Rights. Our governments, while imperfect, are accountable to the people who elect them. Our civil society has functioning utilities plus a vibrant and stable economic infrastructure.

As Jews, we are part of a civilization that has been around for over 4000 years. The depths of Jewish roots and its moral foundations can add meaning and purpose to our lives. We form part of a chain of an eternal people. We also live at the time of the existence of the State of Israel, reborn after its destruction almost 2000 years ago.

As dentists, we had the opportunity to get a university education. We were smart enough to get into a graduate program. The degrees we have obtained enable us to improve the quality of life

HOW CAN WE HELP?



"My clients often ask me why they should employ the services of a Broker? I am convinced that you will see better results (financially) and that you will save on legal fees!"

- Martin Houser, LLB

Timothy A. Brown is just part of your Ontario team at ROI Corporation, Canada's #1 dental practice appraisal and sales group. Since 1974, ROI Corporation has provided a definite advantage to those discerning Canadian dentists who have sought its appraisal, brokerage and consulting services.

For the most comprehensive and up-to-date listings in the country, contact Timothy today or view all our listings online at www.roicorp.com.

Timothy A. Brown
President & CEO
Office: (905) 278-4145
Toll Free: (888) 764-4145
Fax: (905) 278-4705
timothy@roicorp.com

ROI
CORPORATION
Canada's Appraiser & Broker

of the people we serve. At the end of the day we are able to enjoy the fruits of our labour. We are lucky.

This is not to discount the sadness of personal tragedy. None of us are immune from it.

My sister **Judy** died in 2009 at the age of 56. She was as kind and decent a person as I will ever know. While she never married, she knew she was loved, touched lives, and had a meaningful existence. Judy died with peace of mind. As she was quoted "I always dreamed I'd get the portrait. You know, a husband and a few healthy kids. Now I realize that while I did not get a portrait, I got a landscape."

While people do express gratitude for gifts they have, I have wondered how they think about the sources of their good fortune. Some people make God out to be a "celestial butler". They believe in God to the extent that God answers their requests. Two examples are:

- When athletes thank God for winning do they think that God is micromanaging how a ball game progresses? They should be thanking God for creating a world in which the opportunity exists to enable them to experience the moment of triumph.
- Or when people say "There but for the grace of God go I." It is a 16th century comment attributed to English reformer John Bradford. I appreciate the sentiment, but do we think that a moral God was actively involved in the misfortune of someone else yet decided to be kind to us?

There is a certain truth to the phrase "That which goes around comes around" because our actions do have consequences. However, when people say "What did I do in this or a previous lifetime to deserve this?" they seem to imply that their actions were not so bad as to cause them to be the victims to the bad things that have happened.

In his landmark book "When Bad Things Happen to Good People" **Harold Kushner** presents a theology that has been a comfort for me. It is different from an Orthodox understanding

DENTAL VOLUNTEERS FOR ISRAEL

Dentists Needed... to treat disadvantaged children in Jerusalem who cannot help themselves.

There is an urgent need for endodontists and paedodontists!

Call **Stanley Jacobson** at
416-781-8607 or e-mail:
stanleymjacobson@rogers.com

that sees God as all good and all powerful, but operates in ways that we humans cannot comprehend. Kushner contends that God is all good, but not all powerful and that when He created the world, He understood that He could not suspend the laws of nature because someone is moral. God gave us laws of nature, laws of chance and free will. Within that paradigm, things happen.

We all have difficulty with the randomness of luck. However, if life was constructed another way it would be absurd and meaningless.

We may think we are in control, but we are not. What we are in control of is how we choose to respond when things happen. That is our free will.

There are miracles. Miracles are not the suspension of the laws of nature. Miracles have to do more with the timing in which the laws of nature, chance, and free will come together.

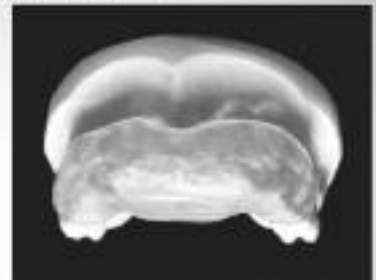
Our lives are miracles. As Canadian Jewish dentists we live near the pinnacle of existence. We should live with greater gratitude for the blessings life has given us.

Any feedback is welcome at hdburstein@rogers.com

INTRODUCING THE DEPROGRAMMER

We would like to introduce you to an interesting new product. Our deprogramming splint is designed to allow only central incisor contact in all excursions. This therapeutic function stimulates the body's natural reflex protection to calm the powerful temporalis muscles and suppress the active lateral pterygoid muscles.

The device provides chronic pain relief and is gaining popularity among our customers. The deprogrammer is professionally fabricated from **Eclipse™** light cure material, custom designed for retention, and is both comfortable and small.



For more information or to find out how you can get a sample splint to show your patients, contact **Joanne Friedman**.

DSC Dental Services Group
of Toronto
A DENTAL SERVICES GROUP LABORATORY

572 Champagne Drive
Toronto, Ontario M3J 2T9
Phone 416-654-6365 or 1-800-268-1860
dsgtoronto@dental-services.net

Continuing Education



With 107 pre-registered and a final count of 95, a packed room of fraters were treated to a broad spectrum lecture on the history of implants, ways to achieve success and briefly how to manage complications. **Yoav Finer** held everyone's attention for almost 1 1/2 hours.

An added surprise and very well received, was the introduction of a light dinner... sandwiches, veggies and dip as well as the famed ruggies and drinks. Everyone left with a big smile, and the dinner will be a regular feature of upcoming evening lectures.

Wayne Wolfstadt



75% of your patients may have an oral infection.

With Oravital you can help.

Target harmful bacteria, restore a healthy microbial balance and contribute to the overall health of your patients.

Introducing the revolutionary Oravital™ System - a unique program that provides you with the tools to successfully diagnose and treat most periodontal conditions. And, with an increasing amount of research linking oral infections with health problems such as diabetes and heart disease, now is the time to address these concerns.

Use the new Oravital System to treat your patients in four simple steps.

Step 1: Examine for evidence of periodontitis and collect samples for microbiological lab analysis.

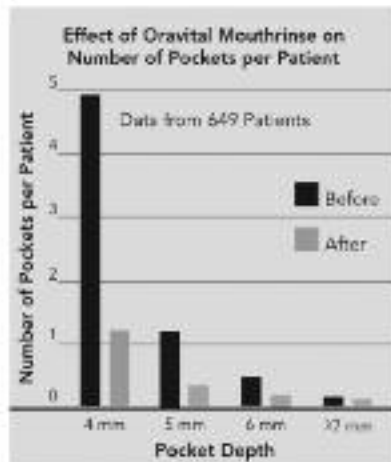
Step 2: Prescribe treatment using an antibiotic rinse compounded by a pharmacist.

Step 3: Prescribe personalized maintenance rinses to ensure a healthy microbial balance.

Step 4: Collect samples to confirm absence of harmful bacteria.

Achieve a drastic reduction in the number of pockets (by 76-84%) and bleeding points (by 87% independent of scaling) in just two weeks!

(Scientific studies available at www.oravital.com)



Improve your patients' overall health and add value to your services.

By treating the cause of the oral infection, you can expand the range of services offered, gain new patients, increase the value of your practice and realize an attractive ROI.

Learn more about this unique opportunity and give your patients more than a healthy smile. Call 1-800-909-6468 or visit www.oravital.com today.

oravital

A healthy mouth for a healthy body

Alpha Omega Cooking Class

with Carolyn Cohen from Delicious Dish Cooking School

We had our first AO Revival program of the year on Wednesday, November 10th, 2010, at the home of **Tammy Herzog** and **Brian Brown**. It was a phenomenal cooking class run by **Carolyn Cohen** from Delicious Dish Cooking School. We had room for 30 participants and we were sold out early on with an impressive wait list. We started the evening at 7 p.m. with wine and appetizers. We had veggies, crackers and a healthy and delicious spread/dip called the Green Goddess, the recipe of which is included in this article. Carolyn demonstrated 6 recipes for us and then we all had the enjoyment and pleasure of eating everything we watched being prepared.

The impressive list of recipes that we learned were:

1. Blackened Salmon
2. Chicken Piccata
3. Double Roasted Smashed Potatoes (*this recipe is a staple in our house and a hit with all 4 of my kids*)
4. Lentil, Quinoa, Chickpea Salad with Walnuts, Raisins and Golden Beets (*my personal favourite – I have made it 3 times already and it is always a hit!*)
5. Rainbow Cabbage Salad with Avacado Vinaigrette
and lastly
6. Quickest Chocolate Cake with Chocolate Ganache.



Are Payment Processing Fees Leaving a Cavity in Your Account?

Discover an affordable way to accept all forms of payment...

Take the \$500 challenge – if we cannot lower your processing fees, we pay you! Ask us for details.

- Free cost analysis of your current processing statements
- Solutions to lower your monthly fees

Call us for a free no obligation quote – we guarantee to lower your rates.

Dayle Levy 905-731-2025

1-877-797-1783

dlevy@merchant1payments.com

www.merchant1payments.com



MERCHANT
PAYMENTS INC.

1





The food was delicious and the night was a huge success! We are seriously thinking of running the program twice next year to be able to accommodate everyone who is interested in attending.

Our sincerest thank you for the hospitality and generosity of Tammy and Brian who opened their home to host this fabulous program. Thank you as well to my

wonderful and special AO Revival Committee consisting of **Tammy Herzog, Andrea Heckler-Aboodi, Michelle Appel, Erica Zamon, Sara Werb, Mark Ziedenberg and Michael Landzberg.** Hope you enjoy the recipe.

Laurel Linetsky-Fleisher



THE GREEN GODDESS SPREAD

INGREDIENTS

Salt for the boiling water
 1 cup frozen shelled edemame beans
 ½ cup frozen sweet peas
 ¼ cup chopped chives (*you can roughly chop then, they are going in the food processor*)
 Small handful of cilantro leaves
 1 Tbs. tamari (*more to taste later*)
 1-2 Tbs. flax seed oil
 Pinch of kosher salt
 4-5 grinds of fresh pepper

DIRECTIONS

1. In a pot of boiling water, add about 1 tbs. salt. Add the frozen edemame beans to the boiling water, cook for 2 minutes, add the frozen peas to the edemame in the pot, cook for another 3 minutes (a total cooking time of 5 minutes). Strain.

2. In the bowl of a food processor place the cooked beans and peas, chives, cilantro leaves. Process until chopped. Add the tamari and flax oil, process until chopped fine but not pureed.
 3. Transfer to a bowl, add salt and pepper, taste. Add more tamari if necessary.

This spread is fantastic on plain rice cracker or wasabi rice cracker

(Lunenberg brand found in most health food stores)

Makes about 2 cups

DELICIOUS DISH

Carolyn Cohen (416) 200-3522
 DeliciousDish@rogers.com

**IS GETTING
 PAYMENT OUT
 OF SOME OF
 YOUR PATIENTS
 LIKE PULLING
 TEETH?**

**Don't wait until it's too late,
 do something about it now**



"The effective way to get debtors to pay"

TEL: 416.784.3770
 EMAIL: theydidntpay@cclsinc.ca
 WEBSITE: www.canadiancorporatelaw.com

*We have been reuniting Ontario dentists with their receivables for over 25 years – you should see **those** smiles!*

Alpha Omega Chanukah Party

NOVEMBER 28, 2010

There is something to be said for organization and if that does not come your way, just hope for a great team. Well this year we had both. On November 28, 2010 the Annual Chanukah Party was held at Beth Torah and the "system" works; food, lots of food, delicious food, loot bags extraordinaire and entertainment. Undoubtedly Levy's catering has the expertise to set up and prepare the hot delicacies for Chanukah even as our fraters and excited kids are walking in. **Ian and Hayley Braverman, Alexa and Brooke Braverman** and I took an active role in the frenetic pace and we think it was another success. Over two hundred joined the celebration as **Alistair Ant** (Soli and Rob-identities divulged!) sang whimsical and catchy tunes (check out the CD that was given as a loot bag item) and the quirky clowns and face painters created vibrant designs and balloon-shaped animals. Mad Science was on hand to fortify the grey matter of the older kids or any adult who has forgotten that basic science can happen in our everyday life, so watch out!

It is always wonderful to see new families emerging and finally able to celebrate with us. This year there were noticeable demographic changes as we had several fraters who are grandparents joining us. Some even remember bringing their own young kids to AO Chanukah parties and now they are back again with the new generation. That is what our Alpha Omega family is all about. As we lead our busy lives, taking the time to be with our friends and colleagues and keeping that part of our lives as real as the rest, makes me really respect the hard work that

each committee puts into its events. Alpha Omega has in its credo to reach to the community within just as we feel responsible to the global community; the motto of Alpha Omega is honoured (check out Alpha Omega International's new venture: GOHI; Global Oral Health Initiative).

Dr. Iris Kivity-Chandler



Visit our New Website at www.aurumgroup.com

Progressive Restorative Options...

Exclusively from Aurum/Classic!

Create perfect smiles for your patients with:

- **AE Tomps™**: Incredible Strength! Incredible Esthetics!
- **Contessa™ Zirconia**: Superior milled zirconia strength – pressed or layered ceramic esthetics.
- **Aurum's Crista® (Minimum Prep) Veneers**: Ultra Thin – Ultra Conservative – Ultra Beautiful.
- **Easi-ACCES™ Implant Bridges**: Harmonized esthetics and function.

Toronto (416) 410-1330
1-800-268-4294



What They Never Taught Us At Dental School

On November the 19th Alpha Omega was treated to a presentation by the Canadian Dental Protective Association (CDPA), a mutual benefit assistance program created by dentists for dentists. The topic was "What They Never Taught Us At Dental School". Frater **Bruce Glazer** led off with a snapshot of the statistics from the last 1-1/2 years of case files from the CDPA vaults. In addition Risk Management approaches were quantified by using a number ranking system for various procedures and events in dentistry. The areas were then assigned a position on a probability severity matrix. Light was shed on how to manage these problems with a team approach and scheduled practice rehearsals.

Seventy Alpha Omegas attended the seminar and after a sumptuous lunch frater **Lionel Lenkinski** continued with a discussion of the many regulators in addition to the RCDS(O) that interact with

our members. He made suggestions based on actual case files of how to deal with the issues of patient dismissal, employment issues, and the collection of outstanding accounts and finished with some interesting information regarding the infamous Leering Case.

Ted Kerzner, general counsel for CDPA, examined in detail the definition of an independent contractor versus an employee as it relates to hygiene. Questions from fraters attending ranged from employment issues to staff history and transfer as the aftermath of practice sales.

This was one of the first times that statistics from our case files have been presented. For those fraters interested in learning about how best to protect their

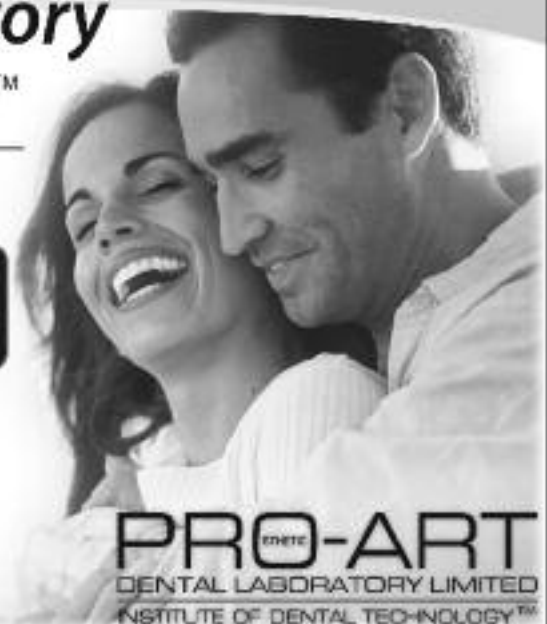


right to practice, the CDPA has arranged exclusively for its members, a continuing education seminar on January 28, 2011, that will highlight internet and web based sensitivities by **Adrian Kaplan**, an IP lawyer from Heenan Blaikie. Adrian is certified by the Law Society of Upper Canada as a specialist in Intellectual Property Law, is a frequent guest on BNN television and has authored a book titled *Getting the Deal Through: Patents 2009*. This will be a seminar not to be missed.

Full Service Dental Laboratory

Where Art & Science Meet™

Specializing in Implants and Cosmetic Dentistry



Pro-Art Dental Laboratory, 855 Broadview Avenue, Toronto, ON M4K 3Z1
Phone: (416) 469-4121 / Toll Free: 1 (800) 268-6771
info@pro-artdentallab.com • www.pro-artdentallab.com

PRO-ART
DENTAL LABORATORY LIMITED
INSTITUTE OF DENTAL TECHNOLOGY™

A Slice of Pi

ELENA GERSHENZON, DDS4

Just before the winter pre-exam jitters kicked in, on November 24th, Pi Chapter held its annual Raptors game night to release some studying-induced stress. After a delicious dinner of Chinese



Students at the International Convention in San Diego (Reanna Rochman of Pi Chapter is in the front row, third from the right)

food, Pi Chapter members, and some grad students and alumni, gathered at the Air Canada Centre to cheer on the Toronto Raptors as they took on the Philadelphia 76'ers. It was an exciting game, especially since the Raptors won 106 to 90 and all the fans got free pizza! Thanks to **Dr. Brian Laski** and the Big Sibling Committee for organizing such a fun night.

The holidays were even a busy time for Pi Chapter! We're very excited that 3rd year student **Reanna Rochman** was elected International Student Foundation Representative at the recent International Convention in San Diego. Congrats Reanna!

The New Year kicked off with a bang as the AO formal took place on January 8th to celebrate the graduating class of 2011. This year, the formal was held at 398West, a classy venue that was reserved exclusively for the AO formal. There was lots of great food, raffle prizes and dancing! The night also included a great address by our guest speaker, **Dr. Michael Landzberg**, and initiation of new members. Through the raffle, Pi Chapter raised over \$800 for the AO foundation – thank you to all of those who helped us reach this goal! A special congratulations goes to **Fatima Ebrahim**, who was this year's recipient of the AO academic achievement award. Now it's only a matter of time of trying to get all those credits and pass the boards! Good luck to all the graduates!



Dr. Michael Landzberg giving his address



First year students at the formal



Pi Chapter members enjoying the raptors night



Dr. Brian Laski of the Big Sibling Committee and his daughter enjoying the game



FOR THE DENTAL PROFESSION

Fast, Efficient, Courteous Service and the Highest Quality Orthodontic Appliances

Our highly trained staff is competent to provide a complete service in every phase of orthodontic appliances for the orthodontist and general practitioner.

- Essix Retainers • Habit Breakers • Herbst, Frankels
- Hilger Appliances • Activators, Bionators
- Expansion Appliances, fixed and removable
- Fixed and Removable Spacers • Mt. Sinai Splints
- Sagittal Appliances and Indirect Bonding
- T.M.J. and Surgical Splints; Gelb Appliances, Talon Night Guards

Illustrated brochure available upon request



CANADIAN ORTHODONTIC LABORATORIES LIMITED

12 LePage Court, North York, Ontario M3J 1Z9
Telephone: (416) 630-9234
www.canadianorthodontic.com

For the Protection of
Your Patients, Your Staff
and the Environment



Universal Surface Disinfection

Kinder
to your staff

•
Safer

No

Butyl Cellulose
or Phenols

•
3 x Faster
than Peroxides



Micrylium

PROFESSIONAL DISINFECTION



*Prided on Knowledge,
Service and Quality*

Compounding

Haber's works with dentists and their patients to prepare custom medications in both dosage and form to solve medication problems and enhance overall wellness.

POPULAR PRODUCTS

- Dry socket preparations
- Anti-Gag preparations
- Topical anesthetics for Neuropathic Pain
- Oral sedation freezer pops
- Long acting capsules for dry mouth
- Mouthwashes for post surgical bleeding, gingivitis and more
- Lozenges, freezer pops, gummy treats, lollipops
- Lip Balms for viral lesions

WE CAN

- Customize the dose
- Change the route of administration
- Customize single preparations or combinations
- Remove sugar, preservatives, dyes or lactose
- Provide unavailable or hard-to-find medication

Tributes

GOLDEN TRIBUTE FUND

In Memory:

Rose Family – loss of their husband and father

DR. CHARLES WEINGARTEN

Bette Rothstein - loss of her husband Ralph Rothstein

DR. AND MRS. BARRY CHAPNICK

Drs. Lawrence & Leonard Sax - loss of their mother

DRS. FARBER, MONCARZ & PHILLIPS

SCHOLARSHIP FUND

Congratulations To:

Dr Moe Cooper & Karen Bass on the birth of a grandson

DR. AND MRS. STANLEY MARKIN

Dr. & Mrs. Eddie Glick & family on their daughter Jaclyn's engagement

DR. & MRS. ALLAN KATCHKY

In Memory:

Dr. Stephen Abrams – loss of his father

DR. & MRS BARRY SINGERMAN

Mrs Clara Rose & family - loss of their husband & father

DR. & MRS. PAUL CHAPNICK

DR & MRS MELVYN KAY

DR. & MRS HENRY LEVANT

DR. & MRS. PAUL NEWMAN

DR. WILLIAM PRUSIN

Bette Rothstein - loss of her husband

MARCY SCHWARTZMAN & LARRY VINEGAR

Dr Murray Wagman – loss of his mother

DR & MRS MELVYN KAY

LIBRARY FUND

Congratulations to:

Mr. Dieter Engelman on his 60th birthday

DR & MRS. SHELDON MONHEIT

CONDOLENCES TO:

Dr. Marvin Goldstein on the loss of his father

Bette Rothstein on the loss of her husband Ralph Rothstein

Drs. Lawrence & Leonard Sax on the loss of their mother

Dr Ira Schecter on the loss of his mother

Dr. Murray Wagman on the loss of his mother

Mrs Libby Kraft on her special birthday

DR & MRS. SHELDON COOPER

Dr. & Mrs Ron Landsberg on their son's Bar Mitzvah

DR. & MRS RICHARD MARCUS

Valerie Westmore on her 70th birthday

DR. & MRS. SHELDON MONHEIT

Speedy Recovery To:

Dr. Alan Melamed

DR. & MRS STEPHEN WASSERMAN

In Memory:

Dr Stephen Abrams – loss of his father

DR. & MRS. RICHARD MARCUS

Dr. Marvin Goldstein - loss of his father

DR. & MRS. DAVID GLICK

DR. & MRS EDDIE GLICK

DR. & MRS. MARK LIBRACH

Dr. Philip Novack – loss of his mother

DR. & MRS. EDDIE GLICK

DR. & MRS. RICHARD MARCUS

Stan Rabovsky – loss of his sister

MRS. CLARA ROSE

Dr. Brent Rose – loss of his father

DR. & MRS. DAVID GLICK

DR. & MRS. EDDIE GLICK

Mrs Clara Rose - loss of her husband

DR. & MRS. DAVID COWAN

DR. & MRS MARK LIBRACH

DR. & MRS. ELLIOTT WEIDMAN

DR. & MRS. FRANKLIN YOUNG

Susan Sharpe – loss of her mother

MRS. CLARA ROSE

Dr. Murray Wagman – loss of his mother

DR WILLIAM PRUSIN

Dr. Wayne Wolfstadt - loss of his mother

DR. & MRS. MARK LIBRACH

TRIBUTE FUND

Births:

Dr. & Mrs. Earl Magder - granddaughter

DR. & MRS. AUBEY BANACK

Congratulations to:

Ron & Vanessa Kimel on Rory's Bar Mitzvah

DR & MRS. AUBEY BANACK

In Memory

Dr Stephen Abrams – loss of his father

DR. ARI GOLD

Amiach Family - loss of their husband and father

DR. DAVID EISENSTAT & MS. AMANDA SALEM

Herskowitz Family - loss of Leo

DR. & MRS. AUBEY BANACK

Greenspan Family – loss of their husband and father

DR & MRS. AUBEY BANACK

Sharon Liebesman – loss of her father

DR. & MRS. S. IRVING YOUNG

Mr Randy Lipkin – loss of his mother

DR. & MRS. AUBEY BANACK

Mrs Rose Muchnik – loss of her husband

DR. & MRS. MITCHELL LEVINE

Mrs. Clara Rose & Family – loss of their husband & father

DR. IRIS KIVITY-CHANDLER & MARK CHANDLER

DR. HENRY LEVANT & MS NINA GILBERT

DR. HARVEY ORFUS

DR. & MRS WAYNE PULVER

DR. & MRS. MURRAY WAGMAN

DR. & MRS. S. IRVING YOUNG

Randy Rose - loss of his father

DR. DAVID EISENSTAT & MS AMANDA SALEM

Mrs. Bette Rothstein - loss of her husband

ALPHA OMEGA FOUNDATION OF CANADA

MARTIN & JANET BRAVERMAN

DR MIRIAM ROSENBERG & FAMILY

Dr. Ira Schecter - loss of his mother

MARILYN GROSS

Dr. Murray Wagman – loss of his mother

DR. & MRS AUBEY BANACK

DR. & MRS. BERNIE CRYSTAL

DR. MARVIN KLOTZ

DR. & MRS WAYNE PULVER

TRIBUTE FUND PRICES

1. **Tribute Fund – \$10.00 each**
2. **Library Fund – \$18.00 each**
3. **Scholarship Fund – \$25.00 each**
4. **Golden Tribute Fund – \$50.00 each**
5. **Toronto Alpha Omega Forest – \$18.00 per tree.**

A donation of Trees in the Toronto Alpha Omega Forest in Canada Park, Israel, may be ordered directly from J.N.F. When ordering please indicate the purchase through Alpha Omega Fraternity.

JEWISH NATIONAL FUND – 416-638-7200

FOR TRIBUTE CARDS CALL:

MICHELLE FACTOR – 905-707-9656

SHEILA RODNEY – 416-391-1696

or email info@atoronto.org

or fax 416-250-8668 or 416-391-1696

Hours: 9:00 a.m. to 5:00 p.m.

Weekdays Only

What is the unbreakable **RRSP** Promise?



It is the promise made to you to repay the principal of your investment and all interest in full and on time.

Since the first Israel Bond was issued in 1951, over \$32 billion has been sold and over \$25 billion paid back to investors around the world.

You can do well financially and feel good entering a bond of **promise** directly with the State of Israel.
Stable. Low-risk. Competitive. Fixed or compound interest. 2, 3, 5 & 10 year term bonds.

Israel Bonds
are
100%
eligible
for your

- ⓧ Self-directed **RRSP**
- ⓧ Self-directed **RRIF**
- ⓧ Self-directed **Tax-Free Savings Account (TFSA)***
- ⓧ Self-directed **RESP**
- ⓧ Cash Account
- ⓧ Private or Public Foundation
- ⓧ Pension Fund

*The new registered Tax-Free Savings Account (TFSA) allows you to make up to \$5,000 contributions each year. If you are new to opening a TFSA account, you can contribute up to \$15,000 this year!

Dr. Sherry Cooper on Israel Bonds

One of Canada's most trusted economists and recipient of the 2010 Lawrence R. Klein Award for Economic Forecasting Accuracy.



Israel Bonds are a low risk, income-generating investment backed by a country that grew while most of the world's economies were contracting.

Israel Bonds provide investors safety and stability, in addition to attractive returns relative to Canadian or U.S. government bonds. A solid economic and fiscal outlook makes the State of Israel via Israel Bonds a great investment destination.

Dr. Sherry Cooper
Executive Vice-President and Global Economic Strategist BMO Financial Group,
Chief Economist BMO Capital Markets



Discover the **Promise** at
www.thePromiseofaBond.ca

Buy. Build. Believe.®

To invest today call: 416.789.3351

STATE OF ISRAEL BOND INVESTMENT CORPORATION (SIC) 80705, LIMITED Israel Bonds are eligible for self-directed RRSP / RRIF / TFSA / RESP accounts and can be eligible to invest into one individual bond bond can also RRSP eligible. In most cases, Israel Bonds need to be held until maturity. Buy, Build, Believe.® (Sponsored Young Middle of Israel) is All Rights Reserved. Issued by Young Middle of Israel, an approved trademark of Canadian Bond Investors, Limited. Wherever the image of the crane building the City of Israel is a registered trademark of Canadian Bond Investors, Limited. The corporation disclaims the right to the exclusive use and registration of the City of Israel. This is not an offering, investment or receipt, interest rates and maturities available on all bonds will vary according to current offerings by the State of Israel. Rates, terms, bond issues and fiscal agent terms and fees are listed on the advertisement and are subject to change or be discontinued without notice. Ratings of Israel Bonds are as at time of printing. As with any part of your financial plan, you should always consult with your financial advisor and/or accountant to ensure the plan is suitable for your situation. 6-02 40_Nov_2010



The Ultimate Diode Laser Experience

The Most Affordable & Easy-to-Operate Dental Laser,
Combined with the Most Complete Training.



2.5 Watts

\$2,995

(or \$98.51
per month)*



7 Watts

\$5,495

(or \$180.73
per month)*

To order or learn more about Picasso Laser,
call Oral Science at 1 888 442.7070 or visit www.oralscience.com/picasso



EXCLUSIVE
CANADIAN
DISTRIBUTOR



**oral
science**
CREATING THE SYNERGY

*Based on a 36 months lease. For the complete details, call us at 1 888 442.7070 or visit www.oralscience.com